aboard UNITED AIR LINES

My beloved P. B. ——

I'm sitting on the plane now — 20 minutes before take-off. I'm fine, my blessed one — I love you with infinite feeling.

Everything will be all right! I have released my hold and the Highest Power of mine guide is from now on.

What ever happens outwardly is for our highest good, and I accept it. I promise you that.

God bless you, my dearest, thank you for all you have given me.

Always you — Evangeline

Sibelius: "Art is the intuitive understanding of the laws of nature."

He followed the creative path of his own choosing with uncompromising determination.

OK

E

Read: "Lands of the Thunderbolt - by Earl of Ronaldshay (about India & Tibet

from article by Bentley) Lama Anagarika Govinda

Books about ~~Tib~~ authentic Tibet - by Pander, Grünwedel and Waddell

Alaya Lee

Alaya

Alaya Noël

Alaya Noël

SIDDHESWARANANDA, Swami

~~Chez Marcel Sauton,~~

~~2 Rue Auguste Vacquet (16e) PARIS~~

~~Alphonse St. Mandé, Paris (Seine) France~~

Centre Vedantique,
Blvd. Victor Hugo, GRETZ
(Seine et Marne) (Tournan 311)
France

~~Extendx~~

"Men forget the horrible thoughts that wander through their own minds, and are indignant when they discover them in others." - Maugham

"The value of culture is its effect on character. It avails nothing unless it strengthens and ennobles this. Else it gives over to self-complacency." - Maugham

"Be wary of success. When after a long and bitter struggle you have at last achieved it, you find that it expands a snare to entangle and destroy you." - M.

"Be indifferent to praise and blame. Be an individual and not concerned with the public reaction, but true to your goal and self." - M.

"The artist is the only free man." He has spiritual freedom. There is nothing which he feels him that he cannot transmute into stone, song, or story and thus being rid of it." - M.

"The artist satisfies his needs and preserves his being by the pursuit of art, while the ordinary man's every primary thought and action is to satisfy these needs and preserve their being." - M.

Keep your faith and home.

keep upon your heart and home.

"But if it is to be reckoned as one of the great values of life must teach patience, humility, tolerance, wisdom and magnanimity. The value of art is not learning but right action.

"The beauty of life is nothing but this — that each planed act in conformity with his nature and business." — Luis de Leon —

Re Dr Yeats - Brown
Bengal Lancers

Since that time.

Benj. Franklin said:
"He that would live in peace must not speak all he knows."

Biodiversity finest
Food energy in avail because zero sh
" ommoh sl eao dnergy Tar

Remove: fear, envy, anger, laziness, envy, hard words, quarrel. Rest after meals. Keep heart cheerful. Eat only when hungry, not excessively. Cultivate conscious sleep and be wakeful against bad dreams, no excess. Preserve the body like a lamp. IM. One should eat only sattvik food.

Meditation — meditation is bad because the mind is weak. Thus it wanders. Its weakness is due to its energy being dissipated into too many thoughts. Sticking to one thought consumes energy and strengthens the mind, that is concentrates it. When it ceases to wander, its dormant shakti manifests & harmonizes with the life current.

This daily habit of excluding the personal ~~[illegible]~~ the mind or detaching them from emotion, of holding ~~it~~ remote from the trivialities, the temptations and the frictions of the world, while letting it sink deeper into abstraction, leads it to get and enjoy a tranquilizing respite of freedom from the pressure of life, work and people.

The man who learns the art of retiring within himself to touch, not the darker strata of the ego's subconscious, but the deepest part of spiritual being, learns to possess both restfulness and happiness at his command. To the extent that he ~~[illegible]~~ digs ~~[illegible]~~ more deeply into his mind, he ~~[illegible]~~ there finds benedictory powers of healing

But this same destiny which fixed the event also fixed its end. My debt has been paid and Evangeline has been helped. It is a spiritual puzzle probably to outside observers, who have only appearances to judge and who ill not be able to understand the unusual nature of our relationship. Some may therefore and quite pardonably misunderstand.

Evangeline went across the Mexican border and quietly divorced me. It was all done in the greatest love peace and harmony. We are now living apart but she comes in every day to prepare meals and attend to the household. But after I leave California 30 November for Honolulu, she will bemain behind and begin her own life and career. I will probably retain to the mainland at the end of February and she plans to to return to New York with me to resume her singing studies there but we shall remain apart there. The present is a transition period. We are readjusting an outer relationship; otherwise there is no change. She considers herself my student and is as friendly as ever. The recrimination which often attends a divorce does not exist.

There will be no more marriage

THEY talked and the Rabbi apparently could get nothing he wanted out of BM that satisfied him - but he was polite and grinned at me and we understtod between us that the old man did not quite understand what he wanted - but he thanked him courteously and left the boss' office - I went in for dictation but the Rabbi came right in and asked BM if he could use me for 5 min. more until he had got my full opinion on the brochure which surprised hell out of BM and me too and could have been misconstrued as gall - but I knew he meant for the benefit of his work (dedicated) so he would allow nothing to interfere with anything that might help - mygod! I don't think he has an ounce of fear in him! however, whether he is equally evolved along lines that are more important, I do not know - I mean, sensitivity and compassion, etc....but the BM said for him to wait - then BM got irritated and told me to get rid of the fellow and tell him to come back next week - so I told him that I would be tied up and asked him to return Monday - he bowed courteously and said he would be back Mon. morning -

Facial exercises.

(1) push hand firmly along under chin for double chin. One hand each way R + L.

(2) Pull with each palm on each cheekbone up and away.

(3) Pull hair which stretches facial muscles

(4) Start with two fingers at base of nose push up firmly to scalp then separate on lower forward and press to temples

Marshall Sachs

Tell him I want to know
if his headaches are gone,
if he's prospering in business
happy in his marriage.
Tell them I still remember
with pleasure during my trip
to N.Y., their many kindnesses

I need to have
positive quiet
ego-free people
around me!

Someone who
does not draw
attention to himself
or his own
personality.

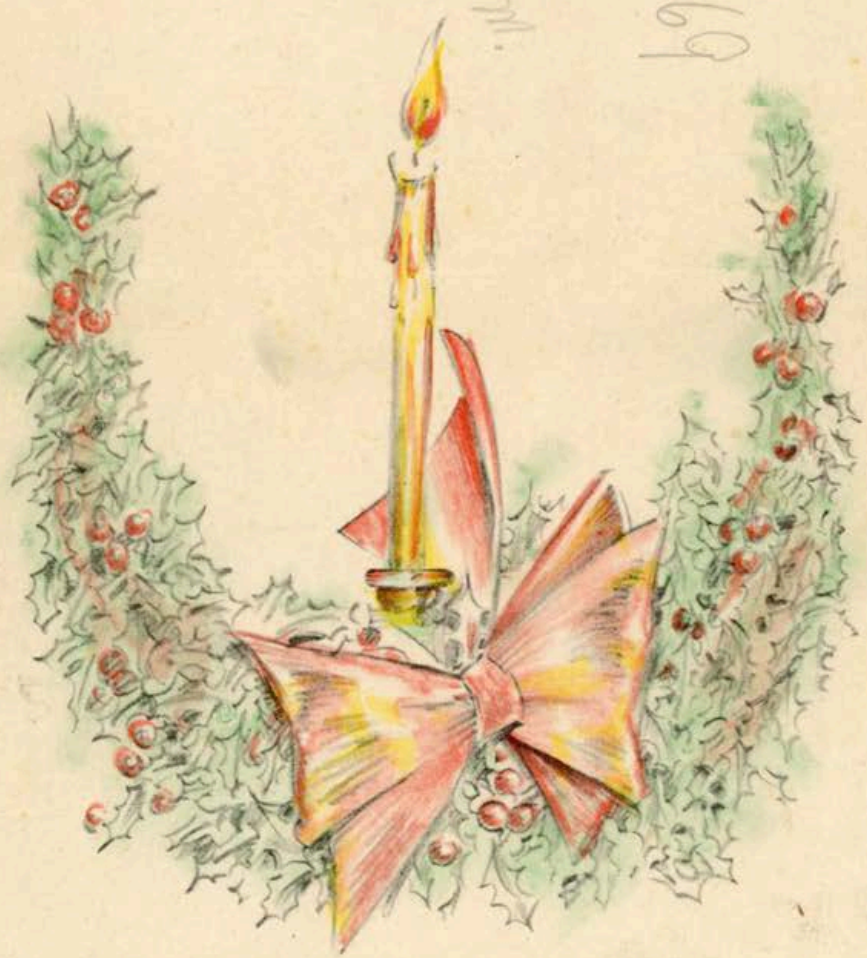
Constantly,
I dislike people
who always
criticize

Envy (B)

Mardouk November 1st 1955

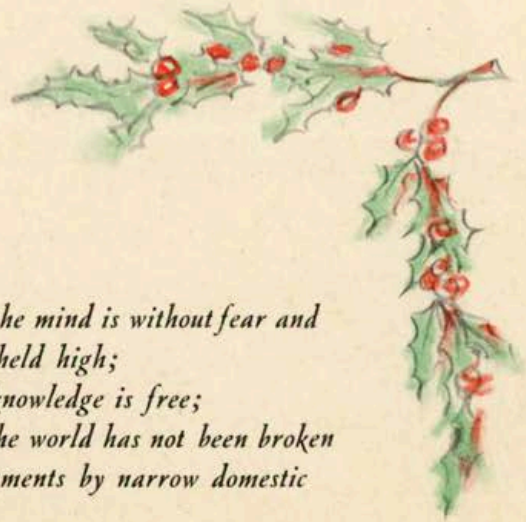
Beneath the white mysterious moon
Near the sublime sound of crashing
waves, beating, it seemed at the
course of this mighty sphere, I sat.
As I lifted my eyes to the stars
floating in opalescent clouds, I
felt this mighty sphere thundering
along space, as one huge gulls
around billions. The sound
[illegible] earth lies
silent in the cosmic force
within the body. Of what
may be — the consciousness of
the spirit worlds and my
oneness with them. For a
delicate while there was an
[illegible] of my consciousness
which lifted me from the world
into the universe. Love
Remember
Sharing
you are conscious of your relationship
with the Infinite, + Illumination
of Reality, with the universe. disappears + Reality is alone

Transfer
7-2469
Vals
6 P.M.



assuming. The Infinite sends you back the knowledge that you are seeking. If you send out feelers for a "love" illumination or to understand the construction of the universe, or an intellectual understanding of it, the Infinite will send you back what you have asked for, if one is not developed intellectually one will not be illuminated intellectually. The faculties of the person cannot take it.

3/4 my hedge
2 trees
1 shrubbed orchard



WHERE the mind is without fear and the head is held high;

Where knowledge is free;

Where the world has not been broken up into fragments by narrow domestic walls;

Where words come out from the depth of truth;

Where tireless striving stretches its arms towards perfection;

Where the clear stream of reason has not lost its way into the dreary desert sand of dead habit;

Where the mind is led forward by thee into ever-widening thought and action—

Into that heaven of freedom, ~~my~~ our Father, let ~~my country~~ our world awake.

In the full knowledge that Rabindranath Tagore would have joined us in making this change had he written his poem today.

Eat spiritual food only. Fruits, nuts and leaf salads. You will inspire P.B. He will have to undergo a long period of regeneration.

You have the opportunity now while he lives to learn great spiritual laws and truths. Don't waste time, energy, thought on lower worldly pursuits. He can teach you and lead you to liberation.

Give a lot of spiritual love and man will be diverted from the sexual appetites.

August 19th 1957

Today coming home from Bowery on subway & feeling tired & ill I suddenly remember P.B.'s healing treatments & said to myself "You are not the body - you are spirit & cannot be ill." I soon felt myself as spirit with no personality - free alone - & I thought to myself - "Wherever I go I am - I am never alone or separated - The mind - my being always is - Then as I looked at the coal tired, bored faces around me I felt pity for they too had the same self but did not know it, I was looking within & they without

I should be individual - unite & agent & act from individual isolated self instead of being caught up in others vibrations - I should ordinarily expand myself out - lose myself - when I should be concentrated within.

P.B

the middle name

(he) wanted it to be called something meaning "Grace" - Since Grace didn't sound good with Glass, we are making her middle name Ann - which means Grace.

370 N. Pueblo

on 101 towards town
Mission St. 5 miles.
right turn onto Mission
left onto Bath St.

December 29th 1956

Today was lived in complete resignation to Higher Will & the thought of "deep free giving love with no thought of return. Peace was felt. I loved & gave up my life and other's life to the God power so all anxiety & fear passed.

The secret is to love deeply & try to feel the Peace of the Highest making the Choice. Nelli - Nelli - become the real man. I did - for a little while after prayer - the Hermit & guruji's message contained therein.

The more we empty, the more selfless we become when even that is stilled - the thoughts stop & the presence is! I become the Overself for a second perhaps but it was unique, everything.

Remember the truth recieved. Keep silent - To speak too much to think frivolously too much is to dissipate this force. Listen to all - Be & convert through consolation, love & prayer to the Christ Mind in you.

Your devotion to P.B. will one day be very important to him just as was Sister Nivedita's and Ramakrishna's wife.

Be faithful and courageous and one day you will be called upon to give him great service.

He loves you, and you are the closest of anyone to him. You will be able to give him much comfort.

May 1st 1957

Raphaël suggested a meditation but since I did not feel well I would sleep while he meditated. Before this I felt so tenderly about him, deep & sweet loving affection. Natural & full - like for a mother or father or sister without any physical or sexual orientation. A moment after he shut out the light & as we lay beside Dodo - I suddenly said to him: I feel like I am floating on a cloud, I feel so joyful & peaceful - like nothing have ever felt, feeling a thousand times more happy. He answered that it was for the first time experiencing meditation & that he had projected upon me. So this was meditation! At last I knew its sense, its joy & bliss. Such a sense of reality - to realize what I was experiencing it. All negatives gone only happiness. Suddenly then Raphaël said "this is why you have to purify everyday all to perfect it for this self you are now experiencing to live through. I felt so much love. Then Sunja just itched & he wanted it pushed. I got up & got some for it & as I sat there still experiencing bliss of meditation I suddenly sat rigid, completely overcome with tremendous transition into another being - my self & the self I have always been looking for - so lovely, beautiful, happy, completely negative free - loving, kind, light, bouyant & mature. Later Sunja told me he had seen the aura shooting out light of initiation around me & that I had taken a tremendous step upward. In the evening I had received meditation & initiation. How I love him - he looked so beautiful. We prayed together for my health & to use my voice for spiritual help for others. I told Sunja that it wouldn't be present now that I had been given such light. I wanted to repay. I can no longer live for myself. I started to hum as I was rubbing his feet & just after receiving the initiation. A most beautiful & exotic mystical hum came forth so sweetly more beautiful than I have ever sung. It came from heaven & the angels were very close. I can sing as close as I work for it. I must work very hard to remove negatives & purify myself in a complete, natural way & grow into the spiritual in balanced perfection, then it will stay as a part, an integrated self. O Vorgeline - Pray, work & give - as is my mate & I shall stay with him, as long as he is here.

All the mysteries beauty

All the mysterious beauty
of Shangri-La is merely stirred
just upon dream of Shangri-La.

one can observe oneself singing the mantram and know one's relationship with the singer.

A striking fact is that after each of the several glimpses I have had in recent months no depression or dark night follows, as it did after the Great Enlightenment of 1951. This confirms what the Guru told me, at my first interview with him five years ago, that by following the philosophic path I would have to find my way back to the G.E. step by step. In this way I would rise above the emotional approach and find it in calmness without any after mood of disappointment or dark night.

With each glimpse a permanent effect is being made on the ego. It is becoming purified & preparing the ego for the bright enlightenment.

1) The more you grow spiritually
the more I love you.

(a night
11 September 1st 1957) ~~doing meditation~~ ~~[illegible]~~ after
asking "Who am I?" from my guru - He replied
"You are pure consciousness". Immediately I
felt uplifted and sang the mantram "I am pure
consciousness" and "Jai Jai Ram". Some
seconds later I became aware of the body and
singing voice as if were watching, looking on
and observing them, I became separate from
the ego and knew myself as the "I" behind the
ego. I told the guru what was happening and then
realised that the ego was only a projection
from me & that it could function only on the
mental & physical levels. Further realised
that "I" had always existed, free, egoless, and
peaceful & (although) had been unaware of this
fact because I wrongly identified myself
with the little "me" — that is, the bodily
sensations, ~~the personality~~ all thoughts and all
emotions. In this way I got the answer to my
question by direct experience

About mantram: It occupies the mind body
and even the higher part of the ego with a spiritual
theme, thus elevating and purifying the lower
ego. ~~The~~ grace ~~comes~~. Of grace comes
this sincerely done, puts one in a receptive
condition for

Take Meat Grinder to

New York Health Food Store Shopping List

1. Unsulphured soft, large Kalimyrna figs,
2. Black Manuka Raisins.
3. Maple Butter
4. Barhee dates (Inland Empire, Ret. 54th + 5th) or Hadrami
5. unsulphured prunes
6. " apricots

Take Carrot grinder (boys) + change (cash (ammunition) for one like over.

Dr.MARIE KARELITZ -KARRY
Res: 115 E. 61st., N ew York 21 N.Y.
Bus :122 E. 64th.St.
Tel : Res: - Regent 4- 5391
Bus: - Regent 4-0280

If God is all

the only reality

then he is in intellect

+ materials

+ joy

Ff [illegible] = [illegible]?

[illegible] der [illegible]

[illegible] in [illegible] [illegible]

[illegible]

[illegible] +

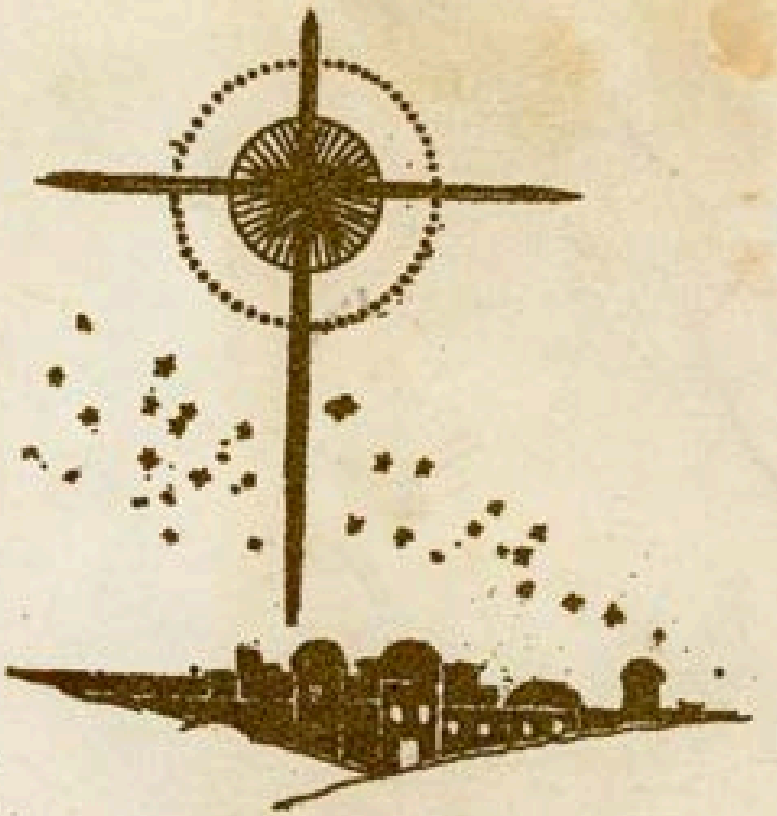
Ns 3

Have no resentment.
How can you? Every
criticism or hurt he
has given you has also
given you your
maturity and stability
of today. Be thankful
and full of love for
he who has given
you this gift and
understanding.

Evening:
Jan. 3rd, 1956

In dreams came - told me he came back to the State to bring Jon + I together again. He said, they must. Remember that when things look their worst, they begin change for the better. That is now. Have Faith.

Friday notify phone co. about phone. | phone



May you have the gladness of
Christmas which is Hope

The Spirit of Christmas
which is Peace

The Heart of Christmas
which is Love

Merry Christmas and Happy New Year

JAN MITCHELL

Right Speech
Right action
Right meditation

~~Harmlessness~~

Kind, honest, open speech
Alert, Attentive mind
Do not lie, steal, be
chaste, harmlessness.

~~Attentiveness~~

Buddha preached the
Knowledge and its
first offshoot is love.

April 1th 1957

Such a serene but very happy smile tonight as I emerged from another room & found him sitting on the floor in front of low table. "I have a surprise for you. I will give it to you later." After last massage - I asked for it, and he told me he loved me. I asked him after much joy & surprise how he loved me, & he said very solemnly "very much". He needs me & I need him.

November 17th 1955

I drove through the glowing sunset, filled with peace. I sang mantrams in praise of my Guru:
"I worship thee, my beloved Guruji."
I felt somehow the soul of the universe.

I returned to my beloved in a higher self full of devotion for him: "How grateful I am to have this time beside my beloved. How truly fortunate I am to be in his presence." (adore)

Later I asked him (combination Mature Mommy) questions:

Neal: "After all the different systems of enlightenment you have studied, you have

IYENGAR, B.S. Srinavasa Gopola (B.A.)
Pleader; Pres. Local Bar Assn. Tiruvadai Street,
Tiruvannamalai

Cont. (Have the kindness to forward this letter to the author, Mr. Jhaveri, if you are the one I will leave it with.)

P. B. and I are no longer together in the marriage relationship, but our inner bond is still the same in strength and love.

We both believe — by destiny — Heaven destiny also set a time limit, and we quietly and harmoniously divorced authorably.

I am so grateful that I was able to spend such a long period in his blessed presence. It was a great and profitable experience for me.

Dream of P.B.

Vivid dream of Guru. He returned to U.S. & in a peaceful meeting strongly advised us to leave U.S.A. He was off to India & told me we could join him there. He said we had nothing to gamble on this venture but our money which is replaceable. We should not hang on to possessions our surrounding + attachments. He also said I should not entirely give myself to music as career but also assume the Divine during my hours of wakefulness. The beautiful powerful presence haunted this dream - so vividly.

He said we family to 5 place in India where would be

When told or ordered to do something - say "thank you" to yourself - for being so honored to carry out this person's wishes. Especially ☺.

#

When the lake smiles at you so sweetly and purely you cannot keep love from flaming forth and adoring her.

#

[illegible] to beat which
[illegible] "[illegible]" [illegible] - [illegible]
bread or [illegible] of feeling
[illegible] with two [illegible] of
[illegible] [illegible]

4

[illegible] to [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible]

#

I am praying now that I can become more and more perfected so that I will be a better instrument to serve and love P.B. How can I ever repay Him for all he has done for us and for the world?

N. BERDYAEV FREEDOM AND THE SPIRIT

Prayer - "The center of the
Light is in the Heart,

Dear Saul: "I" for Gertrude

Spinoza - "There is in mind no absolute or free will; but the mind is determined to will this or that by a cause which in its turn is determined by another cause, and this by another, and so on to infinity."

(Thomas) The only difference between the flight of an arrow and the act of a human being is that the human being is conscious of his act and mistakes his consciousness for will power

Hebrew teacher

The ancient Jews said "Use your hands for worldly goods, your head for heavenly thoughts." So Spinoza took up the avocation of lens grinding as a means for a livelihood and the vocation of philosophy as the business of his life.

We know what we do but we have no power to do otherwise. We have the ability to watch our acts and we mistake it for the ability to will them.

Thomas on Spinoza — He who understands will hate nothing, despise nothing, injure nothing, & fear nothing.

Spinoza was indifferent to the conflict of war. For whatever the outcome it would merely be the preparation for another. He had nothing to do with the ambitions and rivalries and hatreds that brought death to the body of man. He was interested only in their deathless souls. Foe & friends were alike to him.

The concert pianist arrived at his high goal by working knowingly with God for many years, beginning with his first initial impulse which God multiplied over and over, time after time, as each renewed effort for mastery was balanced with equal giveing of the momentum of growth from Ind and body of the Cosmos.

We are not here on Earth to manifest ourselves alone. He who so thinks never passes beyond the boundaries of action-reaction of this material world of illusion. We are here to manifest God and thus find that we are manifesting our Selves.

Deisre is expressed thought-waves at the universal speed of thought polarity, which is 186,000 miles per second, and the knowledge, inspiration and conception which patterns your sesire will come back to you at the same speed.

If that is all you want out of life, however, you may sit at ease and co mune with God with inspiring thought exchange and be uplifted by it until your very body falls apart from inaction.

However, you wish to manifest your thoughts and conceptions. This you can only do through physical action. The frustrations and filures of men who ask much from God and perform no service in working with God to be worthy of their desire are many.

It is quite true that Jesus said, "Wh t I do ye can also do," to which we add, "when you are what I am and know what I know." That which we have added to His meaning is what the thousands forget who believe that they cando what Jesus did. Man must give the initial impulse. God gives the momentum of inertia to multiply that little to the measure of man's effort.

The framer gives theinitial impulse for the fulfillment of his diesire by preparing the ground, placing his seed in it, and the small sprouts come from the ground in response to the farmer's initial impulse, but the momentum of growth is extended from that mighty generator which is God's body. Man had no part in the actions of growth.

For every effort you make in working with God's law God met you more than half way and multiplied your effort so that you could see it.

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If that is all you want out of life, however, you may sit at ease and commune with God with inspiring thought exchange and be uplifted by it until your very body falls apart from inaction.

However, you wish to manifest your thoughts and conceptions. This you can only do through physical action.

The frustrations and failures of men who ask much from God and perform no service in working with God to be worthy of their desire are many.

It is quite true that Jesus said, "Ask & I do ye can also do," to which we add, "when you are what I am and know what I know." That which we have-since to-day-meaning is what the thousands forget who believe that they could what Jesus did.

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To cause effect the mind is instant with God's law of Mind-Power. Have you felt your God-Consciousness? Have you called upon it?

TRANSLATION OF INTERVIEW IN "DE TIJD", AMSTERDAM. 23-8-52.

Heading: All peoples of the earth meet each other on Damrak (Amsterdam).

The acquaintance with this lady, Mrs. Bronton, was really surprising. We stood staring a little absent-minded near the landing-stage of a pleasure craft, when suddenly a taxi stopped before us with screaming brakes. Mrs.Bronton stepped out and we had the feeling that we were almost forced to interview her.

With a few words we explained our curiosity. Then we started.

Where are you coming from?

From California, Hollywood.

You are not a ..... (screen actress I suppose he means)

No, thank you, I am secretary. I arrived yesterday evening via Kopenhagen.

Alone?

No, with my husband.

How long will you stay here?

Three days.

What are you going to do?

Make a boat trip, Marken and Volendam, the National Museum .....

At that moment one of the men of the boat finished our conversation.

It is the highest time, he said and a few minutes later we saw Mrs. Bronton sailing away, waving.

For ever?

Note: There were several interviews under this heading of which this is one.

Damrak is a famous square in Amsterdam.

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La Zen ÷ letting mind empty mind

ADDRESSES

Name Buy —
Street "This Is the Night"
City from Disney
Phone
Name
Street show.
City
Phone When you are in
Street a Disney egg & feel
City & feel you are a great
Phone - on afternoon of
Name myself, True meaning
Street Cheerios!
City no more chewing to
Phone my letters & words.
Name Then one dribble of lunch
Street that there is no
City escape.
Phone

ADDRESSES

Name "He authored
Street beautiful revelations
City which are revealed
Phone are interpreted only
Name only one thing —
Street Themselves.
City Shining
Phone Spiritual Temple
Name only inside Their
Street pink Crepes into
City themselves!
Phone
Name
Street
City
Phone
Name
Street
City
Phone

ADDRESSES

Name Silverman –
Street
City Dickens 5-5-41
Phone
Name
Street
City
Phone Merrifit – Jones
Name Grant – Kinnear
Street Little Theatre
City
Phone
Name Bergland
Street
City
Phone
Name "Heavenly
Street
City Manners"
Phone

Raphael ADDRESSES

Name Richard:

Street Because music is

highly centered in the

Phone outer world - he is

Name where in himself;

Street using his instruments

City instead of them

Phone as his. Then

his intuition

Street will lead him

City to the right way to

Phone use this instrument

Name for health.

Street

City

Phone

Name

Street

City

Phone

Prayer to develope Love for the Church —

"May I be granted the feeling of love towards the embodied light."

By the time you get to
Calif. you will be such
an angel that you will
win everyone over.

Improve spiritually,
mentally & intellectually

When you are face to face with the ego it has to be slain and then there is the second birth.

There are a series of small battles and then a culminating one where the ego is destroyed.

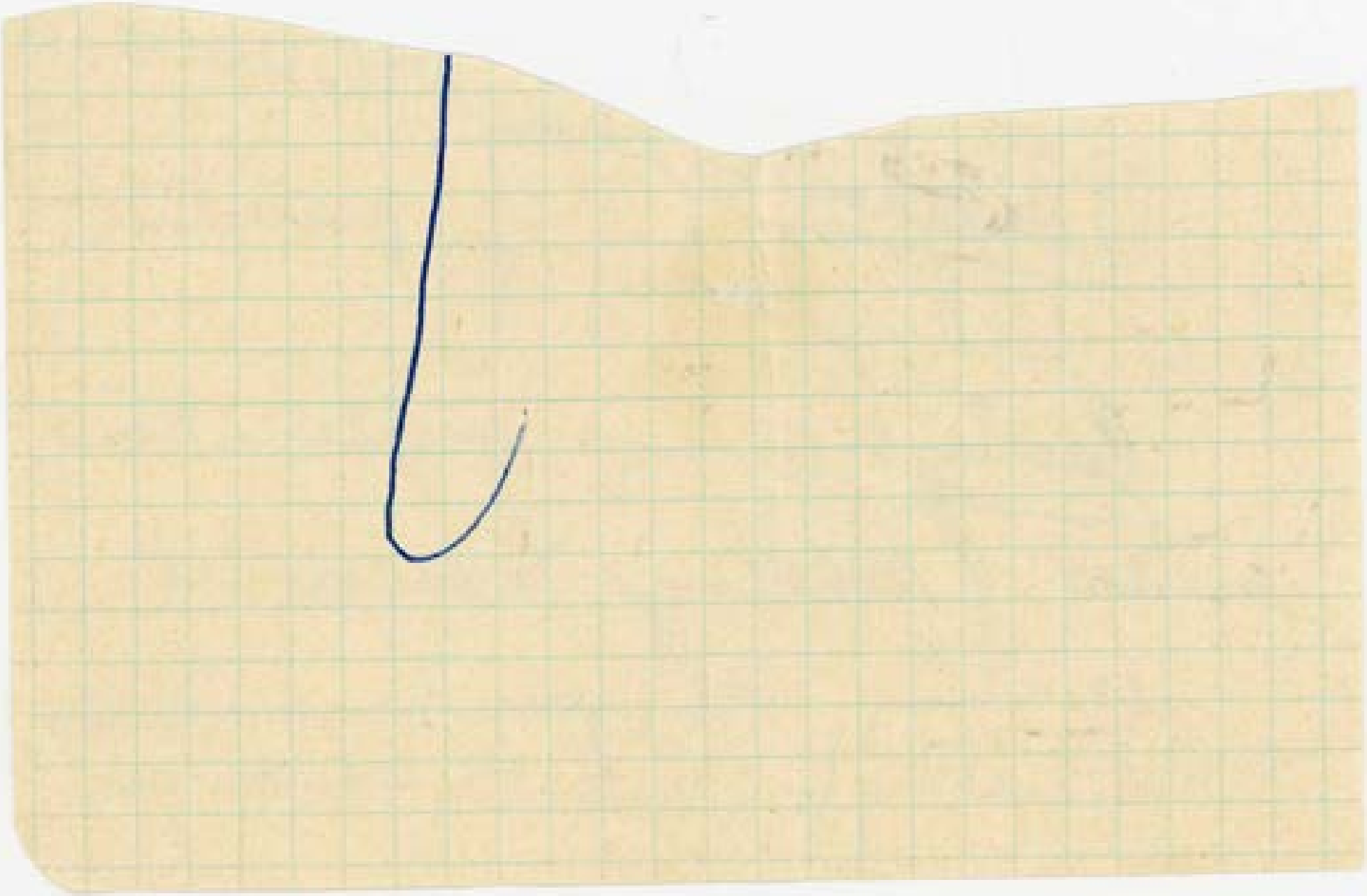
(A) By fighting or damaging the ego, when the situation presents itself to crush it do so, and this will speed up illumination

(B) By meditating on the illusion of the ego and thinking it out for oneself.

Adulthood - closing the wires
of the child - looking for protection

Bearing suffering & singlemindness
instead of seeking to escape it

Assuming all your responsibilities
& not looking for a mother to take them over,



Self-control, which is the essence of moral individuality, is not limited to its bearing to society. It is concerned with man's thought & conduct to the law of the Universe, which is greater than society, but certainly includes society

BRITISH CONSULATE 25 Broadway, New York Cit

Empire State Building
34th Street and Fifth Avenue
New York 1, New York
(Longacre 5-2070)

A Beautiful
Courageous
Equal –
a Companion

"What I have dreamed
of all my life – can I
believe this exists in a
woman?"

Ahimsa - application of
No violence principle
when facing being killed. "If
you resist you give your force to the
attacker" Practical application
to all of your life, Basic yogic
principle.

Dr. Bonner

Permanent address
Bonnie Bonnie
Ingram
Texas

Blessed be the wife that in the dark tonight
shared no vulgar sentiment, but said,
"In the gossip and excitement of the hour,
be as one blind and deaf to it, know it not.
Do as if nothing had befallen".....
Blessed be the wife!

When in the Japanese garden where the huge 600 yr. old
Buddha sat, and while I was sipping Pure Jap tea,
I received an illumination where everything was merged in
Love + ecstasy.

S H O R T E R E S S A

T I T L E

I N D E X L E N

(1) C O N F U S I O N S & C O N T R A D

C O N F U S I O N S & C O N T R A D I C T I O N S I N

M A C M I L L A N ' S B O O K I N T R O D U C T I O N

CONFUSIONS AND CONTRADICTIONS IN MY

INDEX

(1) CONFUSIONS AND CONTRADICTIONS IN MYSTICISM

Unity = "The world we see is but an outer reflection of ourselves. Change ourselves, change the world." Jesus Christ said this. We get just what we put into our life. Send out only love + kindness + truth. See God in everyone + everything.

+

Security - a state of mind - an inward knowing that exists for - because you are cared for and are safe. "Return to the Almight". "Know you not that you are the temple of the living God, and He is within us." Nearer than our breath. When we have the consciousness of awareness of God within us - then we are secure. We cannot reach this mind through thought process. Jesus says that by taking thought we cannot find this God within us. Only that which comes from you is the truth.

By taking thought we deal only with appearances and record had knowledge. We judge & measure our loved ones. Jesus says - take no thought of food or clothes, but follow me within. Only human thought condemns. Forget the limitations of the human mind. We have the power within us to break the human law. "take up your bed and walk".

The human can do nothing, but the Higher Mind can do all. Believe in the Higher Mind.

Quit measuring spiritual things with the human mind. The spiritual law is high above the mind. Believing is not a conscious mind action, it is within. And then it moves out to rule the human mind.

Recognize that there is a Power which will take care of you. Never dream you can measure the spirit. The human mind must be focused on the Higher.

Proof of evil is proof that

There is two meaning
we come we are
being, which are born
without the knowledge
or consent from —

We are not able
to see more than
the link, of the great
chain of life.

Life on earth is
but one link in a
great chain.

Blame ~~no~~ me
for your trouble
it is yourself who
is causing it.

Pray with the
most important
part of approach.
1. pray with christ
(spirit)
2. Christ inside done
3. Pray for strength
to learn the mysteries

A lesson from
the suffering.

Remove the
causes of the
suffering of
Mind first
all else for yourself

Free will - locked
doors if you
lost key of knowledge
you will not ever
know become of
ignorance - not
knowledge to use
the wind in proper
way.
When you will something
you plot creation.

2. No free will
without bramble

(1)

Etiquette: "Nature meant women to be her masterpiece" - Ruskin

(2) Don't wear old, faded or spotted gowns or ridiculous lingerie or anything which is not neat or appropriate. Dress for the pleasure and admiration of your family.

(3) Don't permit your voice to be high and shrill. Cultivate the low and soft tones which in the judgment of all ages and all countries constitute one of the charms of woman. Don't be loud of voice in public places.

(4) Don't nag.

(5) Make allowances for weaknesses of ~~character~~ human nature and the influence of circumstances.

(6) Don't expect too much training in. All married life must give and take.

(7) Never say, "Hello girl like a man!" The "stronger" sex is very sensitive on this point

They, they are walkin about — no strings attached!! They are self-existent inside the Infinity from — wonderful it is! They are self-sustaining. There is life. Than thought is the only thing that limits them — Of course, environment and karma controls thought — until they become free of these circumstances.

But think of how evolved a entity is to inhabit the human body — I feel as though I done everyone and admire them for reaching this level. They have struggled long and hard for this.

J.

Idw't
B. to E.: Don't forget the power and importance of karma in your life.

Dr. E.: I wouldn't get you arrested again — No, sir —

Don't bother to write out with C. B.

"If you want to pray — do it — don't worry about where the money to live is coming from — just come it to God — concentrate on the work

Etiquette

(8) Don't cease to try to attract your husband just because you are married. Your personal appearance is just as much a matter of pride as it ever was.

(9) Don't let your husband or anyone else see you in any sign of untidiness.

(10) Don't repeat scandals or malicious gossip. Don't sneer at people, nor continually crack jokes at their expense. Cultivate the agreeables and not the disparities of life.

(11) Don't borrow books unless you return them promptly.

(12) Don't be selfish, exacting. Don't blame if things go wrong. Don't be dumb and silent. Don't fret.

(13) Courtesy is an important constituent of the kindness and confidence which should be the rule of married life.

(14) Never leave a letter unanswered. reply to it promptly. Don't fail to acknowledge all courtesies, all attentions all kindnesses.

You must repay everyone of your debts to everyone you have managed to continue to do so as long as you make such debts.

Guidance from Qr. in sleep —

Speak, act, and Be as serene outwardly as I AM inwardly outwate etiquette, manners, gentility.

Mdme. Alexandra David-Neel
born in Tibet: (magic) must to read

Mayahana Buddhism: (near to Hidden teaching)

Eve 1950

To lose one's material possessions is nothing. To lose one's self - one's concentrated, controlled self is everything. Central strength, certainty, faith is one's self, is all important.

Dissipation in any form is to lose oneself! Womanhood is our greatest strength!

With so much beauty, art, glory in this great earth planet, why waste the precious days, hours, in confusion, negative self consciousness. There is so much to observe, learn from all this! Open your great eyes + mind + senses. Use them as they were meant for to be used by creation. — to heighten, to awaken to life in the centre of you — to make expand and grow this power + glory of "I". Do not waste this great gift of life. Live for you are one with everything. In the centre is the power + life of us who breathe this rapt air.


Be still and
know that I
am God.

You must not have things, people, dogs, but your relationship with this which does not change when they are lost.

to have the services of a man
of your high caliber.
In response to your request
I ~~have~~ made inquiries & found
3 persons who were available.

sees my lower side - to him it is
real enough - but when he corrects me for this
I feel hurt for I am not that way really. I long
for him to see my self as I always feel. - So it is wise
him, when I correct it with others - Remember from this that

[illegible]

Emotionalism - ~~Intelligence~~
must be balanced. "Pity" must be
developed to a degree that you
have sympathy with all
and therefore will never do
harm to another. Through
suffering this condition is developed.
It can be either emotional pity
or intellectual pity.

Feelings must be balanced
and trained just as intellection
is. Through suffering emotional

2 stages of feeling.
Intellectualized emotions are real
love.

Do you remember
Evangline, that journey
and I do. When you
prayed so desperately for
help for Wisdome for
God to give you back the
illumination? Then you
said "Do as you will,
I will do anything to
find it again, only show
me the way." Hardly
after this we met Paul
Brunton whom you
married.

Why have you forgotten
your prayer, Evangline?
Take this great opportunity

which God has
given you. Don't let
it pass by. It is the
answer to your desperate
prayer. Be still and
know that I
am God

Come back to the
Path of Attainment
There is no real
happiness outside of the
Spirit.

Psychology -

Some people can be charming & gracious when they feel a temporary serenity, but when this feeling passes they can sink into indifference, coldness & even rude heat -

Watch this!

Keep in mind Emerson's great scope of mind which dwelt far aloof from the pettiness of man. He never became excited or interested in gossip, mundane faults of and about others. He dwelt with his mind far above the "pettiness of life".

Clara too has caught this vision. In Emerson's mind there was no hatred, critizism or negative emotion. He loved, uplifted, & remain positive and optimistic.

- No one can be a real optimist in this world without God-awareness in some degree.

Gurdjieff

Have people ever in other
& opinion when the last a thought
& among people it makes further
makes, complicated this also it
— [illegible] & [illegible]
[illegible]

[illegible] is good in [illegible]
[illegible] people [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible]
[illegible] [illegible]

July 22nd 1957

The movie "Gold of Naples" was so fine in detail of scene & emotion that one came away concentrated & oneself. Tonight, now I feel so much wider & wise, stronger — myself. Colors are wind all's real —

To love — consideration, respect, helpfulness, understanding — I am my's sharing the world with the world with its own.

"Love upholds the world".

Jessamyn West: "To See The Dream" —

"I dressed the work of cooking & the house. Yet once I had entered inside the work and accepted it, it was refreshed rested & happy. The only way to health is the way of acceptance & belief. I either withdraw or participate. There is no middle ground. I began to play dominoes, seriously not childishly, I relearn the game, to teach it, to engage in it completely. Immediately my tiredness left me immediately. I was charmed & delighted by my two young partners. We sank ourselves into the game's refreshment."

Raphael: "God is trying to force you against through our celibate relationship & through your opportunity through me for meditation & spiritual study. Please fill use of this opportunity. You will be ready for the next step in your spiritual development as soon as you have learned control & stability by remaining the same through out the day.

(Start in book Pg. 147)

the task before you easy and will within your powers, and your fear will flee. Often it is the memory of past failures which causes your fear you will fail in the future. Forget the past.

Pain is the fire-alarm of the body. But the ~~tense~~ person's nerves magnify the alarm. "Say this will hurt, but I don't care. I don't give a damn what he does. I can take it, I am going thru with it." Relax your resistances to the situation ~~the old~~ stop using your nerve force needlessly trying to make it not so. Be willing for it to be so. This does not mean that you must resign yourself to a very negative condition or situation; it means that you are asserting your superiority over the situation, so that you can deal with it effectively.

If you will do the thing that you fear the death of your fear is certain.

Oct. 1950

America, wake up! Arouse yourself from your deep sleep and see the crucial situation ~~your~~ the world is facing. Don't rest and leave the president, Generals and diplomats to solve alone this difficult and unpleasanttask. The problem is to emense to leave it is the hands of the few. If ever peace is to be restored to the world we must all join and work, work, never ceasing the long difficult struggle for right. We must start today, before it is too late.

There is only one way, and one way only to stop this needless blood shed and choas, look above. See how history is repeating itself by wars, never gaing, always losing. This is not a religious article but common sense. The world is supposed to have risen abouve barbarianism throuh the vast knowledge it has aquired, but this so called knowledge is absolutely usless itis combined with universal laws. Man can never control the universe. The greates t men the world has ever brought forth, whether they be Jesus, Gahndi, Einstein, have proved this, but we only think of them and their everlasting truths as something which we know fundamentaly to be true, but it couldn't be applied now and leave it to future generations. Itacan work, it will work . We all have our own place in society, we are individuals who are capable of making world peace. Don't sit back and let the other person do your job. None of us want our country invaded or devasted, our loved ones torn away from us, or our freedom supressed. We all think that this will never happen to us for we live in The United Stated of America which has escaped invasion during the last two world wars, and we lazily close our eyes and few brave ones face the enemy to keep us warm and save in our homes. Ohyes, we are all so wide and smug with our feet warming in front of the firepla ce, but let on bomb fall on one foot of out sacred soil and we will realize then how foolish we really are. Noone will ever be wise while he is contented with his own small existence and ignoresthe rest of humanity. When we can see our true relation to our foriegn brothers, them and only then will we aguire peace. This therory cannot be contradi cated by any living person. It is as sound as the mathematical laws. You would never say that 2 and 2 does not add up to four, thus you cannot make the statement that brotherhood , and only true brotherhood can bring peace.

America, wake up! Face the facts. Don't keep up this worthless fatal pace of yours which will eventually lead only to doom for the entire world. Look honestly and intelligently ~~ahead~~ at the problem, an immense problem, and then begin to solve it the right way, before it is too late. You have what you have today only because our forefathers were willing to set the foundation, firm and true. Now w e have even a greater job to preserve their noble efforts and not rest on their laurels . We must win our own . Think brotherhood, feel brotherhood, and above allnlive ~~in*this*~~ live brothrhood, and the earth will reign in everlasting peace.

17
40
08

Oct. 1950

Robert Genesko

Why grave to a man that he is wrong? Is that going to make him like you? Why not save his face? He didn't ask for your opinion. He didn't want it. Why argue with him? Avoid the acute angle.

To get the best of an argument — avoid it. Avoid it as you would avoid rattlesnakes and earthquakes. Suppose you triumph over the other man and show his argument full of holes — so what. You will feel fine but what about him? You have made him feel inferior. You have hurt his pride and he will resent your triumph.

When you argue with a party on their views of the argument fact he will have to stop arguing — keep your mouth shut.

A misunderstanding is never ended by an argument but by tact, diplomacy, conciliation, and a sympathetic desire to see the other person's point of view.

Lincoln: No man who is resolved to make the most of himself can spare time for personal contention.

Mature Constructive Attitudes

Tolerance	Facing Facts
Understanding	Concern for others
Objectivity	Respect for others
Self-reliance	Self-discipline
Open-Mindedness	Generosity
Calmness	Industry
Forgiveness	A sense of proportion
Fair-Mindedness	Poise
Self-respect	
Self-confidence	

Don't help people they're weak or full of faults. Then you plant deeper in their mind the very qualities you want them to get rid of. Your mind has power. Turn all over to the Higher Power and let him work.

You will have come into the realization of your true self.

"I have ways ye know not of. (I am within you). You have power you know not of."

"Except you become as a little child and believe you cannot enter the Light."

Return to the way of life which is the Highest within you and you will be come. We have been looking for the results instead of the power.

Accept the new Consciousness. According to your beliefs it done unto you.

He has Power I know not of. Follow Him.

that individual or country does not, are not conscious of the Higher Mind of all Good.

Trust, believe, expect + claim. This God's method → this state of mind frees the power of God. There have nothing to do with outer mind. When you say How — you take upon the weight which pulls you down — give it to the Lord & he shall give you rest.

The more you think about your problem the less chance there is of solution.

All fear, worry, hate, unhappy, negative are sustained by conscious thinking.

It takes power + integrity to turn your mind away from your problem + trust in the Higher Power & you will see miracles.

Come all and follow me Jesus said. You have repented & now want a new life.

You are there as I walk into the fresh green hills. The thunder roars through the raindrops, and there I find you as they fall so sorrowfully and so clean.

The spring air holds your soft, sweet breath. The moonlight flands the land with your mystic, glowing soul.

There you are in the majesty of the purple mountains. I feel your all powerful strength and love.

On and on, the vast sea of clouds swirl endlessly across the sky. You shall never die.

You are there; you are everywhere. You are my God, my love.

Det var det som jeg var
glad i det. Men jeg skulde
bare jeg var bra, og så var det
så godt som jeg var
vel.

Tenk, hva jeg ville si om det
bare det var blevet tjenlig det. Men
det er jeg ikke, igjen var det
.

Igjaar det er en jeg er ikke
jeg bare jeg. Ønsker jeg at jeg
var bra det hjemme igjen
Ønsker jeg at det var
jeg det var blevet bare
Det er ikke
.
jeg er jeg; det er jeg
jeg er jeg bare, bare jeg.

November 12, 1951
Korean War approaching

Today, armistice day throughout the nation. A national holiday! Shops are closed and people are enjoying a day of rest from their duties. Yet it seems nothing except physical rest. The storm of war is approaching rapidly. Already the clouds of darkness are round and near, very soon the building of aspiring war victims will be heard throughout the entire world. No, we cannot rest mentally; we are confused, frightened, and doubtful where to turn. Perhaps to God, a fleeting thought, just a fleeting one. No, we think, nothing can save us, even God. For that is the idea I see anyhow. His place has been taken by machines, planes, and hydrogen bombs. One first has been destroyed, and now we perish. There's no hope, no faith. We all just plod along, and die among the ruins of our "superior" nation.

People! People. What have you done to this beautiful, spiritual earth. You have sickened with your religions, laughts, quarrels, and destroyed. Now your hate and selfishness is spread over the face of this glorious earth and it will be destroyed. Everything will go, culture religion and those who have devoted their lives to books of faith and love. The mighty chains of Beethoven, the glorious music of Bach, the masterpieces of Shakespeare and Michelangelo shall be swept away with the monstrous atrocities of the terrible atom bomb, the new human masterpiece. What is wrong with you? Why do you want to destroy? I want to live, to breathe the pure fresh air, to listen to the sweet birds in song, to praise their creator, to see the mountains, the fields and oceans. I want to love my family, my wonderful friends, and above all else, the one person who will find me completely, choose my soul and dreams. God - do I have to leave all this? My father - show me the way. I must do something. I can't sit idle and watch. What shall I do? Show me the way, my God.

I understand now, my first vision and

the pure fresh air, to listen to the sweet birds in song, to give to their creator, to see the mountains, the fields and oceans. I want to have my family, my wonderful friends, and above all else, the one person I will find who completely shares my soul and dreams. God - do I have to have all this? My father - show me the way. I must do something. I can't sit idle and watch. What shall I do? Show me the way, my God.

I understand now, My Most Gracious and never-failing God. This searching direction has made me appreciate the most simple things of living. I must take every day and live it to the fullest. I must be kind and loving in all things and always all appreciate every sense of living. I believe in an spiritual peace and patience and being comfort to my brothers. Thank you my God. I will follow your path. I will look above.

Nov. 13, 1951

I find myself nervous and very ill. This has come upon me because of my attention of the world's discord. Heretofore I had given it little thought and had directed my energy and time into the peaceful channel of music. I will not make this mistake again. Even if the country falls into the hands of another power, I will still have my God and faith. My music must come above all else, for I think it I can do the most good. I have been given a great gift and I must use it.

Nov. 14, 1951.

Yes I walked home from an enjoyable day at work, I seemed to see for the first time. It was a thought a film had been covering my eyes and all at once it was removed. The grass was green, the sky sunlit, and people were really wonderful creatures, live so happy tonight. I've decided to worry about now, and in doing so have discovered new delights in living. My Divine Father, I thank you for your help. Please give I have faith again. I can do so much more to help this if I rise above that of mere by this state of mind.

I hope you retain Mangolo's book - summing up. It is a very inspirational book which makes me see so many truths. I think that, God that you have spoken through him in books so that we may be able to see you more clearly.

The following quotation is taken from the book - I am impressed by its truth -

" Art, if it is to be reckoned as one of the great values of life, must teach men humility, tolerance, wisdom and magnanimity. The value of Art is not beauty but right action.

Mangolo is a great man as well as

The following quotation is taken from the book - I am impressed by its truth -

" Art, if it is to be reckoned as one of the great values of life, must teach men humility, tolerance, wisdom and magnanimity. The value of Art is not beauty but right action.

Maugham is a great man as well as author. I admire his intelligence, depth, and anxious understanding of life. He is very humble personally, as by his great virtue achieves greatness.

In the closing line of the book he quotes Madame Swis de Sem - " The beauty of life, is neither but this, that each should act in conformity with his nature and business."

May 28, 1950.

Could I but experience the veil of the unknown for only a moment. This vast universe is so full of mystery. I look up into the immense never ending sky and feel so small and insignificant. Somehow I feel as though I want to leave this limited sphere and delve further into the world and its mysteries. Perhaps one day the way will be opened for me. Meanwhile I must go on in this mundane life of casual people and affairs.

May 29, 1950 (Morning)

What a glorious feeling it is to rise from my bed, raise the window blinds and look up into a breath-taking sea of twinkling clouds. It fills me with divine ecstasy! Oh the beauty of this world overwhelms me at times. On this beautiful spring morning I am overflowing with sublime joy and love.

May 29, 1950.

As the threat of war continues to press its self upon us all, I feel like rushing out and screaming to see "why he is so proud". Why he? This threat hangs over us like a dark cloud saturated with rain, just waiting for the one moment when it will burst and open fire upon us all. When I hear on the radio a news about this opening disaster, I cannot face it. I escape into a make believe world of music and poetry. Oh the divine, purgative beauty that is in this glorious world. Why must it be overcast with terror and hysteria?

(4) Meditation each day as routine as physical exercise!

Realize you are unique in the universe. Become your individual self - never imitate or follow the herd. Build yourself into the person which you were destined to become - Then & only then will you be fit to help others! — Help yourself first!

Be kind to yourself - & respect yourself.

July 4th 1957

I shall live for beauty's sake, for joy's sake, for love's sake. I shall seek & find the beauty of the world, - the positive, powerful, ideal beauty. No longer dwell on the unpleasant, the "little" things but in the wonder of earth's & people's beauty, of the universe of form & mind. I shall love, unafraid, & shall seek beauty & light & reject all negative & darkness. Love in days ordinary yet spontaneous freedom of youth - Make him happy &

to an extreme in any direction nature rebells & compensates or balances on another level.

"Plato's symbol of balance with the circle - man must be whole on all levels: intellect & intuition, feeling & all sides - Love, women, mind, intellect, singer, musician. - all sides of nature,

Wonder

Sometimes I wonder what life is all about anyway. I see many types of people on my way to school everday- all different. ~~It seems~~ so odd that so many entirely individuals make up this strange adventure of living. Now what are we doing with our stay on earth? The natural pattern of every living thing whether plant, animal or human is to be rushing toward some objective. Do these common everyday people which I encounter every day ever ask themselves " What am I doing here living in this complex world, Struggling on every day . Get up go to work and then home to bed. "here does it end? What shall come of it. ,hat is the real purpose of it all?

Wonder! Wonder! Wonder!

Look up in the sky. You project yourself into a sea of clouds swirling endlessly on thru eternity. LOOk down, at the ground. The numorous creatures scurring back and forth carring on their daily duties. Look at the path where the humans have worn it smooth ,trodding along on the long journey of life. Everything seems to be working upward and onward. Time passess on and never returns. Think of the seconds, minutes , and hours which we waste everyday. If the real purpose of life is to grow physically , mentally, and spiritually, the majority fails. WE usually delve into one phase and neglect the others. Oh! could we gain the strength and courage to take every second and mould it into something true and lasting. But that is entirely impossible in this short stay on earth. Maybe we come back again. Who knows.....

All I can do is wonder.

Yours

Evangelene Young

Perhaps as head to the mind and wishes of the Lord

TODAY US THE DAY that I wanted to really remember. FIR THE RECIVEREY IF THE KAT.

The kast the

The kast

The last thing that U ren was the smoke. It circled the h ousre with terrifyibg speed.

Ancient Fires
City of Things

Jewel

Lanques (*) on a steep hill
entire city lifted out of the
middle ages into this crude
century of ours.

(It is important to
make clear the distinction
in thinking between the
popular belief that man is
the sum total of his physical
attributes, and the philosophical
revelation that mind is the
source, projector & substance of the man thought.

Cheltenham England.
(Souvenir of the lessening drop of the Degrees.)

"Outward changes for the better are almost always
the result of improved inner conditions - that is, better,
more inspired thinking, plus elimination of
negative thoughts & actions."

Jewel
P.4 High Mental Mark

Whenever possible never buy steamer
or plane tickets or rail arrangements more
than 3 days in advance. Potency time you may
come across a place or person of spiritual or
worldly importance to you; or work
to be done thru you. And you should
be free to follow it immediately.

Jewel Hills
P. 43
Sri Sivananda
article
wonderful Jewel Hills beautifully written

Awareness Sutras
Pg. 11
The recognition of one's limitations, together with voluntary acceptance
of self-will at the feet of the Overself, are indispensable pre-requisites of
the part of the entire ego before the experience of Reality can transpire.
(2) A sense of discrimination is a valuable asset; one should endeavor
to use it in as many ways as one can,

It is completely unnecessary for aspirants to seek out each other's company or join together into groups or societies. This can do as much harm as good.

#

Remember that loved one who has passed among his actually evolved to a more highly developed phase of life.

#

The students "first hand experience" is his daily life. This opportunity should be used or then it will come a deeper & more complete understanding of what has been gained from the intellectual knowledge.

~~Re~~ disinny, anxiousness & upset, such reactions are natural but also must be checked which can be done by learning to settle at oneself that place.

The mind has to be cleared. Speech & thought must be undefiled by treacherous backbiting, slanderous gossip and all unkind words. The law of reaction means that as you speak so shall you be spoken of.

One should seek for inner calmness, an impersonal approach & balance. If we understand & help other aspirants, their failures, one should seek for the knowledge of the Higher Laws governing life, for true purity of character, and for humility if he ~~doubt~~ wishes reach the highest truth.

Dream in Ashtabula:

"The secret of love is not in giving but in sharing."

The duality of our being, the ego & the higherself.

Problems to be solved on their own level first of all - physical (through right diet, exercise) psychological (fam. love for others, affection, f. facts, correct reasoning and unselfishness, feeling a part of humanity + respect for fellow humans. + self-respect.

After these fundamental personal + individual duties + obligations are fulfilled, then all should be referred to the Higher being for solution + control. Great compassionate nature, humor, humble devoted surrent to Oneself.

" Father, I come to You in prayer. I lay aside thoughts of things, persons, + problems. I remember the words, " Be still, and know that I am God." I will be still, mind, body, and spirit. I know that I can trust You, Father, and I place everything in Your care.

I lay aside all fear, and trust You as a little child trusts its earthly Father-Mother. I lay aside doubts and indecision and listen for your guidance. I gladly let go of tensions or unhappy emotions and relax in Your peace; I rest in Your stillness deep within me.

I stay poised and centered in this

trusting stillness until all is calm within me. I continue to rest serenely in Your presence. I place every situation and every person in your loving care. I trust You to answer my prayers and my needs; I trust you to bless me and guide me.

I trust you with all my heart, Father, and I thank you for the love that never fails me.

Bible * "Trust in Jehovah with all thy heart, and lean not upon thine own understanding." — Prov. 3:5.

Gwen.

* The prayer of faith shall save him that is sick.

"I Give Myself Unto Prayer;
And there is built up in me a Strong
Consciousness of Oneness With God."

Daily, "I give myself unto prayer".
When I pray, I gently, but firmly, say to
my thoughts, "Peace, Be Still." I let God
make His presence known. From deep within
my being comes the certain knowledge that
God is in me, with me, and round about me.
That I am one with His life, light and love.

"I give myself unto prayer", and I
realize that God is the life of my body,
renewing and revitalizing me; that He
is the strength of my emotions, harmonizing
and stabilizing them; that He is the light of
my mind, illumining and guiding me. I
realize that God is the unfailing power that
adjusts and blesses every detail of my life.

As I continue to give some part of
each day to prayer, there is quickened in me the
conviction that there is nothing beyond God's
power to heal, to bless, and to make right.

I rejoice that daily prayer is building up in
me a strong consciousness of oneness with God."

Rejoice always, pray without ceasing! 1 Thess. 5:16.

Remember always
to think first of P. B.
Your goal in life is
to help make his life
comfortable, happier,
easier, joyful.

He has suffered
greatly in the past.
Make his present a
shining light of peace
& joy. He deserves all
the love.

Be understanding of
his unpleasant moods.
He has suffered much.

BESANT & LEADBEATER TALKS ON "LIGHT ON THE PATH"

~~BESANT & LEADBEATER~~ TALKS ON "VOICE OF THE SILENCE"

Humility is perpetual quietness of heart. It is to be at rest, when one is praised, when one is blessed, and despised. It is to have a blessed home within one's self where one can kneel to the Father in secret and in peace.

Surrender pride and with it then willfulness, unrest, fear and all confusions. When you have surrendered then you will know peace

Great Peace.

His presence is in your midst, for within us now is the light of Truth, Self-surrender,

Truth + Humility.

Mrs. Poder –

your vision
is concrete with
your voice.

—#—

Rise above +
see the real

—

the gentleness,
the uplifting
the strength
of standing
alone + accepting
responsibility

J. BAKER

THE LITERARY WORKSHOP
SOCIAL LETTER WRITING

Just as when heaven weeps
the rain drops and all things grow
beneath its sphere
so do our sorrowful teardrops
fall upon our souls and make them
grow into fathomless depths.

Evangline

Neil to Eva:

Remember the softness of this day. The gentle cool breeze, the peace and utter satisfaction of living.

Remember that the metaphysical thinking and understanding is not "Be Alight!" So if conflict arises accept it as a temporary transition occurrence then come back down to life and function in it.

Published Monthly by

UNIVERSAL RELIGIOUS FELLOWSHIP INC.

1812 N. Kenmore Ave., Hollywood 27, Calif.

Highest ego. Read, study, pray and think about the Jesus type life with the man Brunton and how you want to improve yourself through creating yourself into an ideal, joyous, creative woman for him to love.

Realization will come not by your effort but unexpectedly through grace. So don't waste time in conflict but preserve mental activities.

the last days before His coming as taking place now before our eyes.

The purpose in giving you these references and quotations has not been to entertain you and to give you reassurance, but to give you the sincere desire to put forth more effort now than ever before to LIVE the Teachings of the Master of Masters. There is a tendency to become nervous and irritable for causes are all around us, but let us pray earnestly our *Protecting Invocation* more than once daily so that we may stand secure and calm amid all the struggling and foolish striving for wealth and power and possessions for they will never bring happiness to anyone. You and I know that true happiness can come only to those who let the Christ rule their lives, and who send forth love, for as we sow we reap. Nobody, "not even the angels of heaven" know the time our Lord will appear, BUT we do know that if we live what He has taught us, we shall be prepared to meet Him at any time, and then rejoice fully at His appearance.

Praying that every one of you may so live that you will all be among His Chosen,

Most sincerely in His Love,

Eleanor Curtiss

Mel Woodburn.

Woodland.

WO-49278

Seek the highest three
concentration & meditation

also through love

also through discipline
of body - diet & exercise

morality - harmlessness
character refinement

refinement of the senses

sharpening the instrument
intellect

balancing all parts of being
centered in Oneself.

But the motivation in all actions, & actually
in life, is the desire to realize the highest truth

Merry Christmas

and

Our Love

Ollie and Mary

God thru His Love,
sends His rain upon
both the just and the
unjust. This is impartial
treatment of all people
shows how the principal
of love works in Divine
Mind. We must be
kind and loving in
heart to both the just &
unjust. By doing
this we shall avoid
the many troubles that
come to those who let
human emotions
instead of Gods principal
be their guide in daily
living

This is your
blessing,
your gift
from God,
your joy!

Guest Check

Table	No. Persons	Waiter	Check No.
			60732

It brings you
into highest
sort of outer
self and makes
a channel
for spirit
descend to you —

LLB STYLE

Thank You -- Call Again

Sing!

The Thrills
of sexual
experiences
keep one
believing that
they are the body
for when they don't
feel any thrills
it is impossible
to know one is
not the body
(unless he is
a Master)
That is why
celibacy is

recommended
to those on the
Path. This is
the great
deception "

#

"If you
believe you
are yourself
old, beautiful
or ugly —
desirable or
repulsive. You
are

Jennie

Balance must
must be maintained
in your development.
The spiritual
people are apt to
ignore the body
& mind's problems
until some
illness or loss
makes them
realize they
are instruments
of life thru which
the spirit manifest
The materialists

on the other
hand are just
as unbalanced.
Both must
realize the
reality of
both worlds.
The Truth's
Spirit is
our essence
the body &
mind are its
limits of
expression &
in the plane

take unwell - provoking
words & anger from
other people as
spiritual exercises,
or as helpful hints
along the way of life rather
than excuses for anger

Eva numbered unred
papers start with
397 b, c, d, e.

Question yourself: Freedom in love

"Am I demanding something which I really have no right to demand, just because I was married to this person?"

We must constantly recognize that this person is just as much of a God-incarnate idiot as we are. In many instances, independence

Perhaps his excessive irritability is caused by ill-health. I must not blame him or answer back. Poor darling! He has become so shy and sensitive. He must be miserable. I must not criticize but show compassion and understanding.

(TEAR OFF BEFORE MAILING REPORT)

CHECK (√) THOSE ITEMS WHICH DESCRIBE CONDITIONS WHEN ACCIDENT HAPPENED

MANNER OF COLLISION

Head-on ☐ Rear end ☐ Sideswiped ☐ Backed-into ☐ Angle ☐ Other ☐

CONDITION OF OPERATOR	Car 1	Car 2
Odor of Liquor	☐	☐
Driver was intoxicated	☐	☐
Asleep	☐	☐
Fatigued	☐	☐
Physical defect—		
Eyesight	☐	☐
Other	☐	☐

OPERATOR DRIVING	Car 1	Car 2
Too fast for conditions	☐	☐
Wrong side of road	☐	☐
Without right of way	☐	☐
Cutting in	☐	☐
Passing on hill	☐	☐
" on curve	☐	☐
" on wrong side	☐	☐
" standing vehicle	☐	☐
" at intersection	☐	☐
Failed to signal	☐	☐
Car ran away, no driver	☐	☐
Off roadway	☐	☐
Following too closely	☐	☐
Parking at curb	☐	☐
Leaving curb	☐	☐
Backing out of driveway	☐	☐

ACCIDENT INVOLVED

Other motor vehicle ☐
Horse-drawn vehicle ☐
Pedestrian ☐
Motor cycle ☐
Public bus ☐ R. R. train ☐
Bicycle ☐ Sled ☐
School bus ☐
Animal ☐
Fixed object ☐
Turned over ☐
Ran off roadway ☐
Fell from vehicle ☐

DIRECTION OF TRAVEL	Car 1	Car 2
Going straight	☐	☐
Turning right	☐	☐
Turning left	☐	☐
Slowing or stopping	☐	☐
Backing	☐	☐
Parked on highway	☐	☐
Skidding	☐	☐
Up hill	☐	☐
Down hill	☐	☐
Making U turn	☐	☐

CONDITION OF VEHICLE	Car 1	Car 2
Good condition	☐	☐
Brakes defective	☐	☐
Steering defective	☐	☐
Glaring headlights	☐	☐
One headlight out	☐	☐
Both headlights out	☐	☐
Tail-light out	☐	☐
Tail-light obscure	☐	☐
Puncture or blowout	☐	☐
Smooth tires	☐	☐
Other defects	☐	☐

WEATHER AND LIGHT

Clear ☐
Cloudy ☐
Raining ☐
Snowing ☐
Fog ☐
Sleet ☐
Dawn ☐
Daylight ☐
Dusk ☐
Dark—street light ☐
Dark—street not lighted ☐

CHECK ROAD CONDITIONS

Surface Type	Condition	Road Defects	Location
Concrete ☐	Oil ☐	None ☐	Bridge ☐
Black top ☐	Dry ☐	Ruts ☐	R. R. Crossing ☐
Paving Block ☐	Wet ☐	Holes ☐	Underpass ☐
Brick ☐	Snowy ☐	Bump ☐	Hillcrest ☐
Gravel ☐	Muddy ☐	Soft Shoulders ☐	Straight ☐
Dirt ☐	Icy ☐		Curve ☐
	Repairing ☐		Street and Driveway ☐
	Sand ☐		

PEDESTRIAN

Crossing at intersection
- With signal ☐
- Against signal ☐
- No signal ☐
- Diagonally ☐
- Between intersections ☐

Getting on or off
- Public bus ☐
- School bus ☐
- Others ☐

Standing on safety isle ☐
Playing in street ☐
Coasting in street ☐
At work in road ☐
Coming from behind
- Moving traffic ☐
- Parked car ☐

Hitching on vehicle ☐
Walking on rural road
- With traffic ☐
- Across traffic ☐
- Against traffic ☐

Walking on sidewalk ☐
Sidewalk available ☐
Sidewalk not available ☐

CONDITION OF PEDESTRIAN

Physical defect ☐ Odor of liquor ☐ Intoxicated ☐

TRAFFIC CONTROL

None ☐
Stop sign ☐
Stop and Go signals ☐
Danger sign ☐
Blinker ☐
Officer directing traffic ☐
Rotary ☐
Middle lines ☐
Guard fences ☐
Other ☐

ZONE LOCATION

Business district ☐
Factory district ☐
Residential area ☐
School zone ☐
Rural area ☐
Public park ☐
Public playground ☐
Parking lot—Public ☐
Parking lot—Private ☐

DESCRIBE WHAT HAPPENED (Refer to vehicles by number) .....

.....

.....

.....

.....

.....

.....

.....

SIGN ON THIS LINE _____

Operator of Vehicle No. 1, making this report, signs here IN INK

WC 3101

CHECK (√) THOSE ITEMS WHICH DESCRIBE CONDITIONS WHEN ACCIDENT HAPPENED

(TEAR OFF BEFORE MAILING REPORT)

H. ABBOT
c/o The N. H. Household
247 Cedar St.
New Haven, Connecticut

MOTOR VEHICLE ACCIDENT REPORT

STATE OF CONNECTICUT

READ CAREFULLY **FILL IN COMPLETELY**

AN ACCIDENT CAUSING DEATH OR PERSONAL INJURIES IN ANY DEGREE OR DAMAGE TO THE PROPERTY OF ANY ONE PERSON IN EXCESS OF $100.00 MUST BE REPORTED WITHIN 48 HOURS TO THE COMMISSIONER OF MOTOR VEHICLES, STATE OFFICE BUILDING, HARTFORD, CONN. FAILURE TOREPORT MAY RESULT IN THE SUSPENSION OF OPERATOR'S LICENSE.

INSTRUCTIONS

PRINT IN INK OR TYPE ALL NAMES AND ADDRESSES

1. Answer all questions to the best of your knowledge.
2. Under "Location" of accident and on the diagram show sufficient information to locate exact scene.
3. The nature and extent of all injuries and damages must be clearly stated.
4. Use plain paper the same size as this form for additional vehicles, injuries, etc., and attach to this form.
5. Sign the report before a notary public. If accident occurred while student operator was driving, both licensed operator and student must sign before notary public.

These reports are not admissible as evidence in any civil proceedings. They are for the use of the department in studying conditions so that accidents can be reduced and for compliance with the provisions of the Financial Responsibility Law effective July 1, 1952.

TAKE CARE OF YOUR OBLIGATIONS UNDER THE MOTOR VEHICLE LAW

OBEY ALL TRAFFIC LAWS — DRIVE CAREFULLY — AVOID FUTURE ACCIDENTS

STATE OF CONNECTICUT
DEPARTMENT OF MOTOR VEHICLES
STATE OFFICE BUILDING — HARTFORD, CONNECTICUT

CASE NO.

FORM NO. FR 1 100M 4-52

REPORT OF MOTOR VEHICLE ACCIDENT

GENERAL

Date of Accident June 23rd Day of Week Tuesday Time 11 A.M. P.M.

Police at scene ☐ Yes ☒ No Officer's name

Was any one arrested or summoned to court? ☐ Yes ☒ No If answer is Yes give name and address

Witnesses, if any, give names and addresses: There was a Passenger in Car No. 2 but I do not know his name or address

PLACE WHERE ACCIDENT OCCURRED: City, Town or Village Brookfield Center

If accident was outside city limits North ☐ ☐ limits of Brookfield

FORM NO. PR-1 1000-4-52

REPORT OF MOTOR VEHICLE ACCIDENT

GENERAL

Date of Accident June 23rd Day of Week Tuesday Time 11 A.M. P.M.

Police at scene ☐ Yes ☒ No Officer's name

Was any one arrested or summoned to court? ☐ Yes ☒ No If answer is Yes give name and address

Witnesses, if any, give names and addresses: There was a passenger in car No. 2 but I do not know his name or address

LOCATION

PLACE WHERE ACCIDENT OCCURRED: City, Town or Village Brookfield Center

If accident was outside city limits indicate distance from nearest town. Use two distances and directions if necessary. ..... miles North ☐ East ☐ South ☐ West ☐ of ☐ limits of ☒ center of Brookfield Center (City or town)

ROAD ACCIDENT OCCURRED ON: Route 25 (Near Brookfield Center & Newtown Line

Give name of street or highway route number (U. S. or State). If no highway number, identify by name

Check and complete one ☐ At its intersection with: ..... or ☒ Not at intersection: ..... feet North ☐ East ☐ South ☐ West ☐ of at Blind Driveway

Name of intersecting street or highway number

Show nearest intersecting street or highway, house number, curve, bridge, railroad crossing, alley, driveway, culvert, mile-post, underpass, or other identifying landmark. Show exact distance, using two directions and two distances if necessary.

VEHICLES

Total vehicles involved

YOUR VEHICLE #1

OPERATOR EVANGELINE BRUNTON (Print full name)

Address Whisconier Hill, Brookfield Center Conn (St. or R.F.D. City State)

Operator's License No. G 55705 State ☐ Operator ☐ Student Operator Date of Birth March 20, 1932 Sex Female

Operator's Occupation Housewife Driving Experience 3 Years

OWNER ALICE WADE WESSELMAN

Address CLUB LANE Quogue L.I.

License Plate N.Y. State 1953 No. Year

51 Year Chevrolet Make Station Wagon Type (sedan, truck, bus, motorcycle)

Was vehicle inspected? ☐ Yes ☐ No Date

PARTS OF VEHICLE #1 DAMAGED Right rear fender & chrome of right side

Approx. cost to repair $ 35.00

OTHER VEHICLE #2

OPERATOR H. ABBOT (Print full name)

Address c/o The N.H. Household 247 Cedar St. New Haven Conn. (St. or R.F.D. City State)

Operator's License No. ..... State ☐ Operator ☐ Student Operator Date of Birth ..... Sex

OWNER

Address

License Plate State No. Year

Year Make Type (sedan, truck, bus, motorcycle)

Was vehicle inspected? ☐ Yes ☐ No Date

PARTS OF VEHICLE #2 DAMAGED

Approx. cost to repair $

Damage to property Other than vehicles NONE Approximate cost to repair $

Name object, show ownership, and nature of damage

INJURED

Total injured

Name ..... Address ..... ☐ Operator ☐ Passenger ☐ Pedestrian — In vehicle No.

Age ..... Sex ..... Injured taken to ..... NONE

Did person die? ..... Nature and extent of injuries

Name ..... Address ..... ☐ Operator ☐ Passenger ☐ Pedestrian — In vehicle No.

Age ..... Sex ..... Injured taken to ..... NONE

Did person die? ..... Nature and extent of injuries

Name ..... Address ..... ☐ Operator ☐ Passenger ☐ Pedestrian — In vehicle No.

Age ..... Sex ..... Injured taken to ..... NONE

Did person die? ..... Nature and extent of injuries

FORM NO. S.R. 21

INSURANCE INFORMATION

Die? ..... extent of injuries ..... ☐ Pedestrian

FORM NO. S.R. 21

INSURANCE INFORMATION

Is there on file with the Commissioner (Form SR 23) Fleet Coverage? ☐ Yes ☐ No P. U. C. certificate? ☐ Yes ☐ No certificate of self-insurance? ☐ Yes ☐ No

If "Yes" the following items need NOT be completed.

Was an Automobile Liability Policy providing you with AT LEAST $20,000/20,000 bodily injury and $1,000 property damage liability insurance in effect on the date of the accident? ☐ Yes ☐ No

IF "YES" THE FOLLOWING MUST BE COMPLETED

Name of Insurance Company which issued Policy Globe Indemnity Company N.Y.

Policy No. GOD 111385 Policy effective from 6/30/52 to 6/30/53

Name of Policyholder Alice Wade Wesselman Address Club-Lane, Quogue, Long Is.

FORM NO. S.R. 21

DO NOT DETACH

CASE NO.

CONNECTICUT MOTOR VEHICLE ACCIDENT INSURANCE INFORMATION

Date of accident June 23rd, 53 Place of accident Brookfield Center Conn.

DESCRIPTION OF VEHICLE INVOLVED IN ACCIDENT MUST CORRESPOND TO VEHICLE #1 ON ACCIDENT REPORT

Make 1951 Chevrolet Year 1951 Type Station Wagon Serial No. 1AD763939

Name of operator Evangeline Brunton Address Wilcox Rd Brookfield Center Conn.

Name of owner Alice Wade Wesselman Address Club Lane, Quogue, Long Island

Name of insurance company which issued Policy applicable to Vehicle #1 or to your driving of that vehicle

Name Globe Indemnity Co. Policy No. GOD 111385 Effective date of policy 6/30/52

Name of policyholder Alice Wade Wesselman Address Club Lane, Quogue, Long Island

Name of insurance representative who issued policy Dorothy M. Morrell Address 10 E. 43rd St. N.Y. 17, N.Y.

Your signature Evangeline Brunton

IMPORTANT

THIS ACCIDENT SHOULD ALSO BE REPORTED DIRECTLY TO YOUR INSURANCE REPRESENTATIVE. FAILURE TO REPORT MAY JEOPARDIZE YOUR AUTOMOBILE LIABILITY INSURANCE.

(TEAR OFF BEFORE MAILING REPORT)

CONNECTICUT Fill Out and Mail To

Form No. R24404—25M—5-52

The Nearest Claim Office of the ROYAL INDEMNITY CO.

Name and Address of Policyholder ..... Policy No. .....

Name and Address of Insurance Representative .....

Name and Address of Injured Person's Doctor ..... Where Was Injured Person Taken? .....

GENERAL

Date of Accident ..... Day of Week ..... Time ..... A.M. ..... P.M.

Police at scene ☐ Yes ☐ No Officer's name .....

Was any one arrested or summoned to court? ☐ Yes ☐ No If answer is Yes give name and address .....

Witnesses, if any, give names and addresses: .....

LOCATION

PLACE WHERE ACCIDENT OCCURRED: City, Town or Village .....

If accident was outside city limits indicate distance from nearest town. Use two distances and directions if necessary. ..... miles North ☐ East ☐ South ☐ West ☐ of ☐ limits of ☐ center of ..... City or town

ROAD ACCIDENT OCCURRED ON: .....

Give name of street or highway route number (U. S. or State). If no highway number, identify by name

Check and complete one

☐ At its intersection with: .....

Name of intersecting street or highway number

or

☐ Not at intersection: ..... feet North ☐ East ☐ South ☐ West ☐ of .....

Show nearest intersecting street or highway, house number, curve, bridge, railroad crossing, alley, driveway, culvert, mile-post, underpass, or other identifying landmark. Show exact distance, using two directions and two distances if necessary.

VEHICLES

Total vehicles involved ____

YOUR VEHICLE #1

OPERATOR .....
Print full name

Address .....
St. or R.F.D. City State

Operator's License No. ..... State ☐ Operator ☐ Student Operator ..... Date of Birth ..... Sex

Operator's Occupation ..... Driving Experience ..... Years

OWNER .....

Address .....

License Plate ..... State ..... No. ..... Year

..... Year ..... Make ..... Type (sedan, truck, bus, motorcycle)

Was vehicle inspected? ☐ Yes ☐ No ..... Date

PARTS OF VEHICLE #1 DAMAGED .....

.....

.....

..... Approx. cost to repair $.....

OTHER VEHICLE #2

OPERATOR .....
Print full name

Address .....
St. or R.F.D. City State

Operator's License No. ..... State ☐ Operator ☐ Student Operator ..... Date of Birth ..... Sex

OWNER .....

Address .....

License Plate ..... State ..... No. ..... Year

..... Year ..... Make ..... Type (sedan, truck, bus, motorcycle)

Was vehicle inspected? ☐ Yes ☐ No ..... Date

PARTS OF VEHICLE #2 DAMAGED .....

.....

.....

..... Approx. cost to repair $.....

Damage to property Other than vehicles ..... Approximate cost to repair $.....

Name object, show ownership, and nature of damage

INJURED

Total injured ____

Name ..... Address ..... ☐ Operator ☐ Passenger ☐ Pedestrian — In vehicle No. .....

Age ..... Sex ..... Injured taken to .....

Did person die? ..... Nature and extent of injuries .....

Name ..... Address ..... ☐ Operator ☐ Passenger ☐ Pedestrian — In vehicle No. .....

Age ..... Sex ..... Injured taken to .....

Did person die? ..... Nature and extent of injuries .....

Name ..... Address ..... ☐ Operator ☐ Passenger ☐ Pedestrian — In vehicle No. .....

Age ..... Sex ..... Injured taken to .....

Did person die? ..... Nature and extent of injuries .....

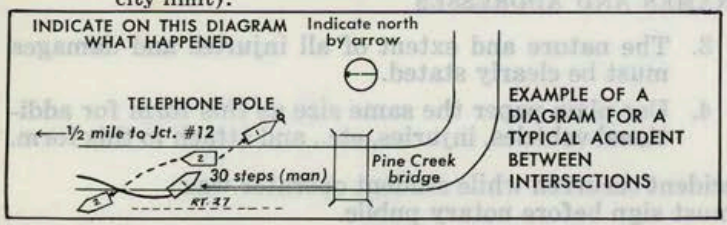
INSTRUCTIONS FOR LOCATING ACCIDENT AND MAKING DIAGRAM

What To Show On the Diagram:

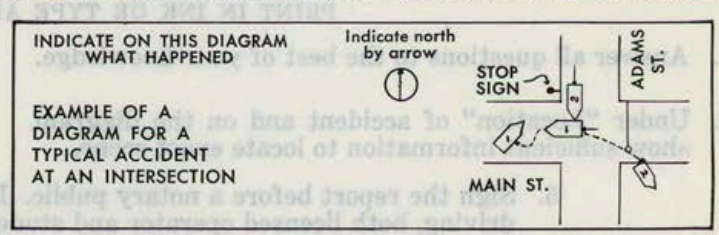
(1) The directions from which the vehicles were approaching before the collision. The same for any pedestrian.
(2) The point of collision. This can often be determined from the debris on the street or roadway.
(3) Any objects such as bridges, buildings, poles, guard rail, animals, etc. that were involved.
(4) Where the vehicles came to rest after the collision.

What To Select As A Landmark From Which To Measure Distances:

(1) Good landmarks in rural areas are: Highway junctions, bridges (number or name), railroad crossings, town lines, city limits, historical markers, permanent public buildings, or other well established, easily recognized points.
(2) In cities use house numbers, entrances to public or well-known buildings, or measurements to the curb line of the nearest cross street.
(3) Good location descriptions are extremely important to accident prevention. Please be as accurate as possible.
(4) Use an automobile speedometer to measure long distances. Report miles and tenths or fractions (1.4 miles north of "Sometown" city limit).



The right front wheel of No. 1 slipped off the edge of the pavement. The driver turned too sharply and allowed his car to go to the wrong side of the road where it struck the left rear side of No. 2. Both vehicles left the roadway after the collision, and No. 1 then struck a telephone pole.



No. 2 was going south on Adams Street failed to stop before entering intersection with Main Street. No. 1 was going west on Main Street. No. 2 struck the right rear side of No. 1 and then went over the curb of the Southeast corner after striking a pedestrian. The pedestrian was crossing Main Street from the Northeast corner to the Southeast corner.

(TEAR OFF BEFORE MAILING REPORT)

CHECK (√) THOSE ITEMS WHICH DESCRIBE CONDITIONS WHEN ACCIDENT HAPPENED

MANNER OF	Head-on ☐	Sideswiped ☐	Angle ☐

(TEAR OFF BEFORE MAILING REPORT)

CHECK (√) THOSE ITEMS WHICH DESCRIBE CONDITIONS WHEN ACCIDENT HAPPENED

MANNER OF COLLISION

Head-on ☐ Rear end ☐ Sideswiped ☐ Backed-into ☐ Angle ☐ Other ☐

CONDITION OF OPERATOR	Car 1	Car 2
Odor of Liquor	☐	☐
Driver was intoxicated	☐	☐
Asleep	☐	☐
Fatigued	☐	☐
Physical defect—		
Eyesight	☐	☐
Other	☐	☐

OPERATOR DRIVING	Car 1	Car 2
Too fast for conditions	☐	☐
Wrong side of road	☐	☐
Without right of way	☐	☐
Cutting in	☐	☐
Passing on hill	☐	☐
" on curve	☐	☐
" on wrong side	☐	☐
" standing vehicle	☐	☐
" at intersection	☐	☐
Failed to signal	☐	☐
Car ran away, no driver	☐	☐
Off roadway	☐	☐
Following too closely	☐	☐
Parking at curb	☐	☐
Leaving curb	☐	☐
Backing out of driveway	☐	☐

ACCIDENT INVOLVED

Other motor vehicle ☐
Horse-drawn vehicle ☐
Pedestrian ☐
Motor cycle ☐
Public bus ☐ R. R. train ☐
Bicycle ☐ Sled ☐
School bus ☐
Animal ☐
Fixed object ☐
Turned over ☐
Ran off roadway ☐
Fell from vehicle ☐

DIRECTION OF TRAVEL	Car 1	Car 2
Going straight	☐	☐
Turning right	☐	☐
Turning left	☐	☐
Slowing or stopping	☐	☐
Backing	☐	☐
Parked on highway	☐	☐
Skidding	☐	☐
Up hill	☐	☐
Down hill	☐	☐
Making U turn	☐	☐

CONDITION OF VEHICLE	Car 1	Car 2
Good condition	☐	☐
Brakes defective	☐	☐
Steering defective	☐	☐
Glaring headlights	☐	☐
One headlight out	☐	☐
Both headlights out	☐	☐
Tail-light out	☐	☐
Tail-light obscure	☐	☐
Puncture or blowout	☐	☐
Smooth tires	☐	☐
Other defects	☐	☐

WEATHER AND LIGHT

Clear ☐
Cloudy ☐
Raining ☐
Snowing ☐
Fog ☐
Sleet ☐
Dawn ☐
Daylight ☐
Dusk ☐
Dark—street light ☐
Dark—street not lighted ☐

CHECK ROAD CONDITIONS

Surface Type	Condition	Road Defects	Location
Concrete ☐	Oil ☐	None ☐	Bridge ☐
Black top ☐	Dry ☐	Ruts ☐	R. R. Crossing ☐
Paving Block ☐	Wet ☐	Holes ☐	Underpass ☐
Brick ☐	Snowy ☐	Bump ☐	Hillcrest ☐
Gravel ☐	Muddy ☐	Soft Shoulders ☐	Straight ☐
Dirt ☐	Icy ☐		Curve ☐
	Repairing ☐		Street and Driveway ☐
	Sand ☐		

PEDESTRIAN

Crossing at intersection
- With signal ☐
- Against signal ☐
- No signal ☐
- Diagonally ☐
- Between intersections ☐

Getting on or off
- Public bus ☐
- School bus ☐
- Others ☐

Standing on safety isle ☐
Playing in street ☐

Coasting in street ☐
At work in road ☐
Coming from behind
- Moving traffic ☐
- Parked car ☐

Hitching on vehicle ☐
Walking on rural road
- With traffic ☐
- Across traffic ☐
- Against traffic ☐

Walking on sidewalk ☐
Sidewalk available ☐
Sidewalk not available ☐

CONDITION OF PEDESTRIAN

Physical defect ☐ Odor of liquor ☐ Intoxicated ☐

TRAFFIC CONTROL

None ☐
Stop sign ☐
Stop and Go signals ☐
Danger sign ☐
Blinker ☐
Officer directing traffic ☐
Rotary ☐
Middle lines ☐
Guard fences ☐
Other ☐

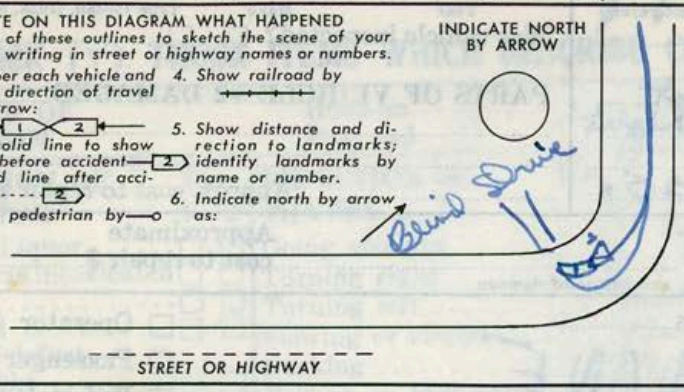
ZONE LOCATION

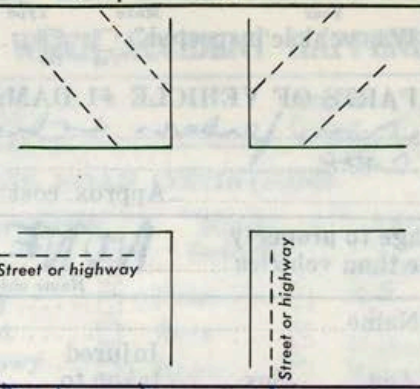
Business district ☐
Factory district ☐
Residential area ☐
School zone ☐
Rural area ☐
Public park ☐
Public playground ☐
Parking lot—Public ☐
Parking lot—Private ☐

INDICATE ON THIS DIAGRAM WHAT HAPPENED
Use one of these outlines to sketch the scene of your accident, writing in street or highway names or numbers.

1. *Number each vehicle and show direction of travel by arrow:* 1 2
2. *Use solid line to show path before accident* 2 *Dotted line after accident* 2
3. *Show pedestrian by*
4. *Show railroad by*
5. *Show distance and direction to landmarks; identify landmarks by name or number.*
6. *Indicate north by arrow as:*

INDICATE NORTH BY ARROW





DESCRIBE WHAT HAPPENED (Refer to vehicles by number) I was driving home from Brookfield Center and as I approached the top of the hill where down around the curve is my hotel driveway, I put my arm out and gave my signal for a right, right turn. There was a car behind me. As I approached the drive I saw the car over to the left hand side of the road so that he could make the abrupt turn into the drive. The car behind apparently did not see my signal and when I turned to the left of the road, he tried to pass me on my right. I was turning into the drive and did not see the other car passing. We then collided.

DESCRIBE WHAT HAPPENED (Refer to vehicles by number) I was driving home from Brookfield Center and as I approached the top of the hill where down around the curve is my hubby's driveway, I put my arm out and gave my signal for a right hand turn. There was a car behind me. As I approached the drive I saw the car over the left hand side of the road so that I could make the abrupt turn into the drive. The car behind apparently did not see my signal and when I turned to the left of the road, he tried to pass me on my right. I was turning into the drive and did not see the car passing. We then collided.

SIGN ON THIS LINE Evangeline Y. Brunton

Operator of Vehicle No. 1, making this report, signs here IN INK

STATE OF CONNECTICUT } ss
COUNTY OF Fairfield }

Date of Oath June 27 1963

Personally appeared Evangeline Y Brunton

Address: Whitconnier Hill Brookfield Conn.

signer of the foregoing report and made oath to the truth of the matters therein contained before me.

Granville D Clutts

Notary Public, Justice of the Peace, Comm. Superior Court

THIS REPORT WILL NOT BE ACCEPTED UNLESS PROPERLY SIGNED AND SIGNATURE NOTARIZED

DO NOT WRITE BELOW THIS LINE

COMMISSIONER TO RETURN THIS STUB TO INSURANCE COMPANY FOR VERIFICATION
RETURN THIS FORM WITHIN 15 DAYS IF NO POLICY WAS IN EFFECT AS ALLEGED BY MOTORIST

TO: COMMISSIONER OF MOTOR VEHICLES
STATE OFFICE BUILDING
HARTFORD 15, CONNECTICUT

With regard to an automobile liability insurance policy for the policyholder named on the reverse side hereof, the undersigned insurance company advises you in accordance with the items checked below.

- ☐ 1. No policy was in effect on the date of accident.
- ☐ 2. Our policy for the named policyholder applies to him as the operator but it does not apply to the owner of the vehicle involved in the accident.
- ☐ 3. Our policy applies to the owner of the vehicle, but does not apply to the operator of the vehicle involved in the accident.
- ☐ 4. Our policy affords bodily injury coverage only. ☐ 5. Our policy affords property damage coverage only.
- ☐ 6. Our policy affords limits of liability less than $20,000/20,000 bodily injury and $1,000 property damage (Indicate actual limits under remarks).

REMARKS:

Name of insurance company

DATE: By

Authorized representative

YOGA

By

EVANGELINE YOUNG

MAY 12, 1950

OUTLINE

I. ORIGIN AND BELIEFS

A. Law of Karma
B. Medition

II. BAGAVAD GITA

A. Origin and meaning of
B. First portion (Renuncation)
C. Second portion (Revelation)
D. Third portion (REalization)

III. Summary

YOGA

Yoga, meaning meditation, is one of the six schools of Brahmonial philosophy called Palonjoli. Many interesting beliefs are connected with this sect. The most outstanding is that of soul evolution or reincarnation into another body after death.

Into this belief of reincarnation entersthe great eastern law of Karma. Having originated in the east, this word has no English equivalent. This law brings to you the exact justice, the net results of your past thoughts, desires, and acts. It is Karma which rewards or punishes us according to the way we harmonize with the universal laws. Therefore, we are reborn to fall and rise in one great sea of life and finally, after we have gained all soul qualities, take our place in eternity.

Meditation, to the Yogi, is the way in which to discover the real spiritual self. This practice has been carried over from ancient days. Then people began the day with early morning worship of the sun. After visually seeing the sun, they would close their eyes and look for the inner light within the self. Yoga today is this ancient carryover.

Meditation in its supreme form is the use of mental quiet. This is very essential to finding the inner self. The principal of this is that during the day you and I become so harrassed with external things that we are not aware of who is really carrying out the tasks. Meditation removes the person from these activities and he at last becomes conscious of his "self." This is the only way to "know thyself." This practice frees man from the enslaving

Yoga, meaning union, is one of the six schools of Brahmanical philosophy called Vedanta. Many interesting beliefs are connected with this sect. The most outstanding is that of soul evolution or rebirth, certainly into another body after death.

Into this belief of reincarnation enters the great concept Law of Karma. Having originated in the East, this sect has no English equivalent. This law brings to mind the phrase, "the sins of the fathers" and "what you sow you reap." It is Karma which governs or influences an approaching to the way we harmonize with the universal law. Therefore, we are reborn to fall and rise in the great sea of life and finally, after we have gained all some qualities, take our place in eternity.

Realization, to the Yogi, is the key in order to discover the real spiritual self. This principle has been carried over from ancient days. Then people lived in the day with strict morning ritually of the sun. After already seeing the sun, they would close their eyes and look for the inner light within the soul. Yoga today is the ancient surgeon.

Meditation in its purest form is a highly mental value. This is very essential to filling the inner self. The physical of this is that during the day, you and I become so burnessed with external things that we are not aware of who in reality carrying out the tasks. Meditation removes the person from the world within and to at least become conscious of his "self." This is the only way to "know thyself." This prevents inner man from the unsolving

surface life.

If you want to find your innermost being or self, turn your attention inward, away from action; then you must delve deeper, past the intellect, to that which is behind all, or the Oversoul. This sometimes developes occult power such as the famous Yogis who raise themselves several feet into the air or lie nude on five inch spikes. This is unimportant however, for that still lies in the mental plane. If you are searching for the spiritual life you must penetrate past this.

The supreme purpose of meditation is to come into closer contact with the Absolute. The three best times for this inner quest is early morning, twilight, or sundown, and noon. There are many advantages to these three times, such as in the early morning preceeding dawn there is a great stillness in external nature. Therefore, it is easier to have this external quiet when you are seeking internal peace. Also at awakening, the mind is like a thread attached to the spiritual self. At this time you meet with the least resistance in meditation as this is the first activity of the day. The second best period is twilight, for then nature again becomes still during the union of day with night. The third best time is at noon because of the mystical connection between the sun and the spiritual life of the planet. For the best results, practice meditation for at least one half hour. Try to use the same room, preferably facing the east (sign of power and adoration), the same chair and spot at the exact time each day. This room becomes your shrine. Upon seeing it, your mental vibration rises without conscious effort. After this, bid farewell to the outer world and the personal self. Calm and relax your body and

surface life.

If you want to find your innermost being or self, turn your attention inward, away from motion; then you must delve deeper, past the intellect, to that which is behind all, or the Overself. This some-time devotees could never such as the famous Yogis who raise themselves several feet into the air or lie nude on five inch spikes. This is unimportant however, for that still lies in the mental plane. If you are searching for the spiritual life you must penetrate past this.

The supreme purpose of meditation is to come into closer contact with the Absolute. The times best given for this inner quest is early morning, twilight, or sunsetown, and noon. There are many advantages to these times, such as in the early morning proceeding down there is a great stillness in external nature. Therefore it is easier to have this external quiet when you are seeking internal peace. Also at sunsetown, the mind is like a tuned attuned to the spiritual self. At this time you meet with the least resistance in meditation. This is the first activity of the day. The second best period is twilight, for then nature is in transition, still between the motion of day with night. The third best time is at noon because of the mystical connection between the sun and the spiritual life of the planet. For the best results, consider meditation for at least one half hour. Try to use the same room, relatively facing the east (also of power and adoration), the same chair and spot at the exact time each day. Sit in your lotus or sitting. Upon seeing it, your mental vibration rises without unnecessary effort. Enter this, bid farewell to the outer world and the personal self. Calm and relax your body and

forget all external activities. If it will help, draw the window blinds to keep out any light that might distract you. Next acquire a comfortable posture. The best position is the folded leg, squatting position. This relaxes the whole body, lessens the flow of blood to the lower extremeties, therefore it helps you to more easily achieve your desired results because of its power to soothe the nerves. This is not absolutely necessary to Westerners however. This posture originated with the orientals because of the lack of chairs. The Indians still follow this old custom, but it is not necessary to your developement. Just adopt any position which is the most comfortable for you. You must now close your eyes and shut out of the mind every impression from the five senses. After you have done this you have created the initial atmosphere for real meditation. You must concentrate on one point, one educating subject. Some idea which will take you from the material world to the abstract.

Slowly you will slip away from the outer self to the innermost depths. There you will find peace and inspiration. If it is easier for you to accomplish the same result from prayer, do so, for it is just another way toward meditation.

You will find that many people practice Yoga without realizing it. The musician or painter who is so engrossed in his art that he has forgotten the outer world. In this inner realm he has found inspiration and beauty. Anyone who engages in deep reverie, whether material or spiritual, is practicing meditation. Many business men meditate daily, but unfortunately only with business matters in mind. They do not leave the personal self and therefore do not derive spiritual guidance from the meditation period.

Forget all external activities. If it will help, draw the window blinds to keep out any light that might distract you. Next acquire a comfortable position. The best position is the folded leg, squatting position. This relaxes the whole body, increases the flow of blood to the lower extremities, therefore it helps you to more easily achieve your desired results because of its power to energize the nerves. This is not absolutely necessary to meditation however. This posture originated with the Orientals because of the lack of chairs. The Indians still indulge this custom, but it is not necessary for your development. Just adopt any position which is the most comfortable for you. You may close your eyes and shut out of the mind every impress for the five senses. After you have done this you have cleared the initial atmosphere for true meditation. You have concentrated on one point, one absorbing subject. Now the mind will take you from the material world to the abstract.

Slowly you will slip away from the outer mind to the innermost depths. There you will find some inspiration. If it is easier for you to accomplish the same result from prayer, do so, for it is just another form of concentration.

You will find that many people practice long without realizing it. The musician or painter may be so engrossed in his art that he has forgotten the outer world. In this inner realm he has found inspiration and beauty. Anyone who engages in deep reverie, whether material or spiritual, is practicing meditation. Many business men meditate daily, but unfortunately only with business matters in mind. They do not leave the personal self and therefore do not derive spiritual guidance from the meditation period.

After thus covering the aspects of meditation which is the real essence of Yoga, let us look at the Yoga scripture, the Bagavad Gita. This great book is sacred to every literate Yogi, just as the Bible is to the Christian. It is an old Indian manuscript which has been badly misunderstood and devalued by most of the world. However, when its true meaning shines forth, it becomes one of the greatest books of all time. It holds astounding truths, but unfortunately it is scoffed at by almost every land except India.

The true essence of the gospel is that of contemplation underlying action, for here the east and west are combined. The East, because of its intense heat, has drifted from activity to mental and spiritual contemplation. The West, because of climate and living conditions, has become interested in the material. This great book combines the two. It plainly states that the mystical must underly all activity.

If this great book could be more widely understood, India would eventually come out of her social and economic distress. She would then become a spiritual and material example to the rest of the world. When interpreted mystically, Bagavad Gita becomes one and the same with the New Testament. They both reveal the existance, struggle, and importance of the Oversoul when interpreted in this light.

Throughout the Bagavad Gita, there are two people engaged in dialogue. One is a young prince (a disciple) and the other a divine teacher to the prince. It is the story of a prince who seeks peace of mind and spiritual light among the worldly. The teacher, called Krishna, guides him through the harrassments of

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The true essence of the Gospel is that of enlightenment underlying action. For here the great old West are combined. The West, because of its intense desire, has drifted from actively to mental and spiritual contemplation. The East, because of climate and living conditions, had become introverted in the material. This great book combines the two. It plainly states that the spiritual must modify all activity.

If this great book could be more widely made known, India would eventually come out of her social and economic diseases. She would then become a spiritual and material example to the rest of the world. Also introverted mystically, neglected life becomes one and the same with the few centuries. They both reveal the existence, strength, and importance of the Oversoul when interpreted in this light.

Throughout the Bagavad Gita, there are two people engaged in dialogue. One is a young prince (a disciple) and the other a divine teacher to the prince. It is the story of a prince who seeks peace of mind and spiritual light amidst the reality. The teacher, called Krishna, guides it through the perpexsets of

the world to the final peace of the Absolute. The first portion is called Renunciation. It states that all difficulties can be overcome by Wisdom. This means spiritual insight on all things in life. We all have the power latent within us; it only has to be brought forth and manifested. The man who has gained this insight lives a truly successful and divine life. He follows no certain plan, but just relies on his higher self or Oversoul to guide him. He has only to search within and there he finds the right answers to all situations at all times.

"To perceive the truth about any matter is to dispel all doubt."....Brunton.

Wise people do not grieve over death because <u>there is no death.</u> You are eternal and never cease to exist. At this point Krishna reveals that because the inner self is unkillable, there is no such thing as death. The body may be killed, but we are not a body, but a soul, and therefore, eternal. Circumstances cannot affect the <u>real</u> you.

"The fear of death is not based on truth, but illusion." .....Brunton.

Thus in every day life nothing can ever touch the part of you which is eternal. Meet the troubles and the tasks with strength and know that they will not change "you." They will only change the body which is not the real self. The wise do not grieve nor linger over their troubles. They realize that they are unavoidable and part of this strange physical life. All that is important is that the soul joins with eternity.

"Of the unreal no being there is,
There is no non-being of the real
Of both there is the truth seen by
The seers of the Essence."..... Bagavad Gita.

the world to the final peace of the Absolute. The first position is called Renunciation. It means that all difficulties can be overcome by Wisdom. This means spiritual insight on all things in life. We all have the power latent within us; it only needs to be growing forth and manifested. The man who has gained this insight lives a very supernatural and divine life. He follows no certain path, but just follows on his higher self or Overself to guide him. He has duty to perform within and there he finds the right answers to all questions at all times.

"To perceive the truth about any matter is to dispel all doubt."....Brunton.

Man people do not realize that death because there is no death. Yes we change and we do cease to exist. At this point Brahma realizes that because the inner self is multiplied, there is no end, either as it. The body may be killed, but we are not a body, but a soul, and therefore eternal. Circumstances cannot affect the real ego.

"The rain falls, it is not made on roofs, but falls."
.....Brunton.

There is every day-life meaning, and even touch the part of you which is eternal. Not the troubles and the tasks with struggle and pain of day-life, but not change "you." They will only change the body which is not the real self. You do not return and change your real structure. They realize that they are immortals and gods. This attitude shows life. All that is expressed is that the soul joins with eternity.

"Of the eternal no being there is.
There is no non-being of the real
Of both these he has truth seen by
The seers of the Essence."....Bhagavad Gita.

This is the final truth. In the highest sense there is an unreal world. The real is the non-perishable Oversoul. The ultimate life is the unseen.

Do not then think that you should remain inactive because of the philosophy that life is only a dream. Go forth, live and act. This cannot harm the inner self, but only builds upon the soul qualities which it lacks.

"Thy concern is with action alone, never with results.
Let not the fruit ofaction be thy motive,
Nor let thy attachment be for inaction.
Steadfast in development do thy work, O disciple
Casting of attachment being the same in success
or failure."......Bagavad Gita.

"A life of inspired activity will lead ultimately to divine illumination and the Oversoul."....Brunton.

By looking into ourselves instead of to the weaknesses of mankind, we will find great help and wisdom. This is real self-reliance and will lead all activity toward your desired goal.

"He is the lonliness that is with you.....You are standing all alone before the sacred fire and from this time on, the fire that will be given to you will be lonely ********** with it. Are you ready to accept that loneliness?" .....Bagavad Gita.

The second portion of the great Indian scriptures states Revelation.

"With the mind intent on Me practicing Yoga and finding refuge in Me, now in full without doubt then shall know me that thou hear."

This is the theme of this secion. It reveals that the Oversoul is omnipresent. Also that the meaning behind the whole existence of the body is an unconscious search of the Oversoul. We are all searching for the satisfaction that its protection alone offers.

If you make truth your goal, you are searching for the ultimate.

"Truth brings its own reward, because all other benefits troop after it." In the words of Jesus, "Seek you first the kingdom of heaven and all these things shall be added unto you."

"Those whos wisdom has been led away by this or that desire resort to other Gods, enjoyed this or that rite constrained by their own nature."......Brunton.

A person must decide between supreme truths and partial truths. When you have made this decision you should not be side tracked into searching for occult powers or emotional ecstacies. If you search only for the truth or the Absolute, you will gain infinite results. It is infinite and therefore unlimited.

"The foolish regard Me as the unmanifested coming in manifestation, knowing not my higher, imutable, unsurpassed nature. I am not manifest to all, veiled (as I am) by illusion."....Bagavad Gita.

There is really only one reality instead of the common belief that there are two, material and spiritual. It is the high, unchangeable overself in which every worthwhile thing is found. The rest is a complete illusion. To free yourself from illusion you must conquer the mind. For it is the mind which created the illusion.

The third part of the scripture of the Yogis is Realization. This section clearly states the realization of the supreme being.

"This body, O disciple is called the field. He who knows it, they who know of them call 'the knowers of the field.'"

The world field means symbolically the body and the whole physical world. The body is a part of the world because it has the same elements of the material world.

"And do thou also know Me as the 'knower of the fields,' in all the fields and the 'knower of the field' is deemed by Me at the knowledge (of the Truth)".....Bagavad Gita.

In other words, when you have found the inner self, you have found only a half truth because the real truth is revealed to you when you have discovered this and the Overself.

"Those who wisdom has led, led away by this or that desire worship to other Gods, enjoyed this or that sole substratum by their own nature." .....Bhagavad Gita.

A person must decide between supreme truths and partial truths. When you have made this decision you should not be side tempted into searching for result powers or emotional sensations. If you search only for the truth or the absolute, you will gain infinite results. It is infinite and therefore unlimited.

"The Vedas" regard me as the summarised science in manifestation, knowing not higher, limitless, inexhaustible nature. I am multifaced in all, veiled (as I am) by illusion." .....Bhagavad Gita.

There is really only one Yoga based on the common belief that there are two, material and spiritual. It is the path, which leads everyone in which every worthwhile thing is found. The test is a complete illusion. To free yourself from illusion you must conquer the mind. For it is the mind which invented the illusion.

The third part of the analysis of the Yogis in Realisation. This section clearly states the realisation of the supreme being. "This body, O disciple is called the field. He who knows it, they who know of them call 'the knowers of the field.'"

The earth field means symbolically the body and the whole physical world. The body is a part of the world because it has the same elements of the material world.

"And O, Bharata know me as the knower of the field; in all the fields and the knower of the field is deemed by me to be knowledge (of the truth)" .....Bhagavad Gita.

In other words, when you have found the inner self, you have found only a part of truth because the real truth is revealed to you when you have discovered this and the Overself.

"The inner self is the ray, but is not the Sun. It is a part and possesses the same quality as the whole, but still differs in degree.".....Brunton.

Once you have found this, you will at last be free from the enslavement of the material world. This is the great Reward.

This is the ultimate goal of all Yogis but many fall along the steep and dangerous path. Many come to the world of the occult and mystic and feel as though they have gone far. This is only the higher mental plane and not the truth or Overself. Thus they are misguided ones led to believe that this is the one reality. They have yet to seek still higher until they discover the Overself or Absolute.

Having explained Yoga in this manner, I have attempted to dispel the popular belief that Yoga is "hocus pocus" to anyone who reads this. Contrary to the western belief on the subject, Yoga is a real and true way to direct yourself toward the higher life. The true Yogi cares nothing for occult powers, for that is mental. There are many who have gone beyond into the sphere of light and truth, penetrating deep into the mysteries of the universe.

"The Lord's suffering the world, but is not the world. It is a peace and happiness beyond anything that the world can give, still differs in degree." .....Brandon.

Have you have found this, you will at last be free from the disturbance of the material world. This is the great work.

This is the middle ways of all Yogis but usually alone the sleep and dangerous way. They come to the world of the occult and mystic and lost as fast as they have gained. This is only the higher mental plane and not the truth or cosmic. Thus, they are misguided once they believe that this is the one reality. They have yet to reach still higher until they discover the Overself or Atman.

Having explained to a friend a method I have learned to dispel the negative belief which is known possess to anyone who reads this. Contrary to the western belief on the subject, there is a real and sure way to direct progress towards the higher life. The true Yogi cares nothing for occult powers, for that is mental. There are many who have gone beyond into the sphere of light and truth, penetrating deep into the realities of the universe.

The church evolved through persecution of weaker sects.

Many manuscripts were destroyed and the surviving texts were interpolated to strengthen its own sects.

In the case of these sentences you get the idea of the Christ who died for humanity. When you read this sentence and link the suffering of Jesus with the mission of dying

Jane Young [redacted]

Why does feeling of awe arise when meet P.B.

(1) because you identify yourself with the ego, and a very imperfect ego, and think you are in the presence of someone who is aware of your imperfection.

(2) The ego itself has a fear of anything which threatens its existence or the annihilation of its life and thus has a chilling effect upon the mind.

Its own unconscious urge to live.

After two nights of dreaming of death of two of my most beloved ones, Mom and Sister, and after the intense grief which overcame me because of this, I realized upon waking the second morning that I was being taught the lesson of loving without possessing. The grief which I felt was selfish beause of my loss not that they were released into freedom and peace. This is a great lesson in detachment in love and must be remembered and practiced. Let your love be free and unattached by yourself.

Eve

Will you please pardon the delay in answering you? Despite the form nature of this response, your letter was read immediately and sympathetically upon receipt. A prompt reply could not be sent you because of the lack of regular secretarial help.

With my book ***"The Spiritual Crisis of Man"*** *I begin a new cycle of literary production. This, together with the research work and constant travel which always engage me, increases the heavy pressure on my time to such a degree that it forces me to withdraw altogether from correspondence.*